

• The headlight assemblies were reported stolen from two separate 2002 home on Cortlandt Street on Nissan Maximas on Dec. 5. Dec. 5, following a month-The first was stolen from a long investigation. Police arbody and fender shop on Roosevelt Avenue. The Kellam, 56, of Belleville with second was parked in a driveway on Holmes Street.

• An attempted burglary was reported to an apartment on Howard Place on Bail was set as \$5,000. Dec. 7. The rear door of the first floor apartment was pried open. Someone got into the building but only in the basement, and nothing was reported missing.

• The Narcotics Squad ex- recognizance. ecuted a search warrant to a rested and charged Robert possession of cocaine, possession of drug paraphernalia and possession of cocaine with intent to distribute.

Police also arrested and charged Denise Demerski, 39, of Belleville with possession of cocaine and possession of drug paraphernalia. She was released on her own

• A burglary and theft was reported to a home on Honiss Street on Dec. 5. Entry was gained through a second floor window, and three gold chains were stolen from a bedroom.

• Police arrested and kicked in, the bedroom rancharged Michael Corino, 21, of Belleville with possession of four wax folds of heroin considered innocent until following a motor vehicle proven guilty.

Local firefighter shows valor

The St. Barnabas Burn when the Newark Fire De-Foundation presented partment responded to a fire Belleville resident Captain in a three-story building where two young children Orlando Arce, of the Newark Fire Department, were trapped. While memwith the prestigious Valor bers of their truck company Award during the 16th began attacking the flames, annual valor awards recent- Arce searched the rear of ly. The foundation, estab- the building while Firefightlished in 1987 to support er Dorian Herrill searched the Burn Center at St. the front. Herrill discovered Barnabas, New Jersey's an unconscious child on the only certified burn treat- floor, immediately began ment facility, recognizes CPR, and carried the child firefighters and policemen from the smoke-filled room throughout the state for to a waiting EMS team. their heroic endeavors in Once he determined that no the line of duty. Honorees one else was in the back are nominated by their re- bedroom, Arce moved to the spective departments and front where he found the selected by a committee of second unconscious child and performed CPR before peers.

Arce is being honored for carrying the child to the his actions on Jan. 21. 2003, EMS team.

stop for careless driving on a 1992 Ford Escort on Dec. 4. The stop took place at William Street and Washington Avenue. • A burglary was reported

to a home on Franklin Street on Dec. 4. The front door was sacked, but nothing taken.

All persons charged are

Young man with dream tragically killed on parkway

By Douglass Crouse

from Wayne died early Tuesday, Dec. 2, after losing control of his Jeep Wrangler and crashing into a median barrier, police said.

Giovanni Pignataro, 25, grew up in Belleville and worked at Three Guys pizzeria.

Pignataro was driving north on the Garden State Parkway about 5:40 a.m. when his Jeep traveled out- money to fulfill a long-held side the fast lane near Exit dream of opening his own 153B, struck a guardrail, and overturned, state police said. Pignataro was thrown from the vehicle through its soft roof and was declared dead at the scene, they said. The road was dry at the time.

State troopers who investigated the crash said Pignataro apparently fell asleep at the wheel. Family members said he had just helped one of his brothers fix a flat and had previously been at his job in a Belleville pizzeria.

Friends and relatives who knew Pignataro as "Johnny" gathered at his family's Preakness Avenue home in Wayne. By early afternoon, circles of friends stood speechless outside in the chilly air.

"They don't make men

like my brother anymore," The Record Frank Pignataro, 22, said An aspiring restaurateur later by phone. "He was always looking out for the well-being of others before himself."

> Just before his death, Giovanni Pignataro had been helping his older brother, Joseph, change a flat tire on his truck, family members said. They recalled his ever-present smile and spirited laugh.

> Pignataro was saving restaurant, his brother said.

An athlete and devoted fan of the New York Giants, Pignataro grew up with his three brothers and sister in Belleville, where the family lived until they moved to Wayne in 1998, Frank Pignataro said.

He said his brother bought the 2004 Jeep Wrangler he was driving last Tuesday just after his 25th birthday in September. He was looking forward to eventually buying a home, then starting his own family, his brother said.

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We will rebuild at our Nutley location in the near future.

Within the next month or two, we will open at a temporary location in Nutley.

Watch this newspaper for announcements.

the start and the start of the Happy Holidays from all of us at KIRK'S We look forward to serving you soon!



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Belleville Times

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The Township of Belleville held its annual tree lighting ceremony at the Recreation House on Joralemon Street. Left, residents admire the town's tree; right, Santa Claus, who goes by the alias Anthony Sessa, talks gifts with Jacqueline Caruso, age 2.

Stay safe this holiday season

With the holidays approaching, the Belleville Health Department would like to take the opportunity to educate its citizens on some of the following holiday health and safety tips:

· Beware of holiday lighting. Take care when burning candles. Be sure they are kept away from decorations or other combustible materials. Don't leave children unattended in a room with lit candles, and always keep candles, as well as matches and lighters, out of the reach of children. Never display lighted candles in windows or near exits. Lit candles should not be used as tree decorations.

Decorate only with flame-retardant or non-combustible materials. Avoid using candles during parties. If guests will be smoking, provide them with large, deep ash trays and check them frequently. After the party, check inside and under upholstery and in trashcans from cigarette butts that may be smoldering. • Keep Christmas trees fresh. Choose a fresh Christmas tree and secure it in a sturdy stand. Place the tree away from heat sources and exits, and water it daily. If you purchase an artificial tree, be sure it is labled as flame-retardant. If you plan to hang stockings on your fireplace, do no use the fireplace for fires. • Don't turn to unhealthy habits such as alcohol to cope with stress. Many people drink more alcohol than usual during holiday parties. If you drink, do so in moderation. Limit your daily intake to no more than one or two ounces of alcohol. An ounce of alcohol equals two ounces of whiskey 100 proof, eight ounces of wine, or two 12ounce beers. If you drink, don't drive. • Designate a driver. When attending a party, always designate a non-drinking driver. If you are the host of a holiday gathering, be sure there are non-alcoholic beverages available for guests who are driving. • Buckle up. During the holiday months, people travel more than ever. Wearing a seat belt is the easiest and best way to prevent injury in a motor vehicle collision. Ensure that all passengers are also wearing safety belts. Adequate rest and sleep are important during the busy holiday season. The ideal amount varies from person to person but, seven to eight hours is about right for most people. Exercise helps relieve stress for many. Try a brisk walk. The Belleville Health Department wishes all of you a very happy and healthy holiday season.



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A4 — Belleville Times

EEKEND PREVIEW



The Glen Ridge Community Concerts Series resumes with its annual holiday concert this Sunday at 3 p.m.

The Glen Ridge Commu- al Church. nity Concert Series announces its annual Christ- Szabo, the traditional canmas Concert and Carol Sing, dlelit concert will be presentto be held on Sunday, Dec. 14 ed with choir, handbells,

Directed by Dr. Sandor at Glen Ridge Congregation- brass, harp and organ in the

'Doorjam' returns to its roots

The Hillside Café, a non- tension of the Franklin Reprofit music venue in Nutley devoted to bringing quality live acoustic music to Essex County, has announced its Echoes," which contains 14 next evening of music.

A holiday concert entitled "Doorjam: Music for Christmas and Advent" will be held at the café, 45 Hillside rary worship service known Crescent, in the community room of the Franklin Reformed Church, Church and Prospect streets, Nutley.

The concert is scheduled for Sunday, Dec. 21 at 4 p.m. (Doors open at 3:30 p.m.) Admission is a free will donation. The facility is handicapped accessible.

A light buffet supper will be served after the concert Ocean Grove. as a thank you from The Doorjam members in-Hillside Café to its patrons.

formed Church, is celebrating the release of their new CD, entitled "A Thousand original songs.

The six-member band was formed in 1996 to provide music for a contempoas "A Different Door." After a few years, Doorjam took its act, a blend of pop, rock and gospel, on the road, and has performed at various church and civic activities ever since. Known for its unique harmonies and arrangements, Doorjam has performed four years in a row at a boardwalk pavilion in

or full buffet* and 2 \$10 free bets** clude Vicky Chalk and Jainie Gambaro of Nutley, Linda DeSimon and Joe Ribaudo of Bloomfield and Jill Fenske and Martin Williams from Pompton Plains. All monies realized from appearances and CD sales are given back to the church.

church sanctuary, and will showcase music from around the world.

The concert is suited for the whole family. A freewill offering will be taken. For more information, call (973) 743-5596. Child care will be available.

The church is located two blocks south of the intersection of Bloomfield and Ridgewood avenues, Glen Ridge.

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Annual Christmas concert in Glen Ridge 'Wonderful Life' at NLT

The Reader's Theater of Rutherford, Phil Rafferty Nutley. group of Nutley Little Theatre will perform the holi-47 Erie Place, Nutley.

Vicky Chalk of Nutley will direct the production, which is free and open to the public. Reader's Thereadings of new and established plays, supplementing NLT's regular, fully staged performances.

"It's a Wonderful Life" was written by the noted husband-and-wife team of Frances Goodrich and Albert Hackett, Nutley residents who collaborated with director Frank Capra on the famous holiday film starring James Stewart and Donna Reed. It tells the story of a man who is granted a glimpse of the world as it would exist had he never been born.

The script calls for more than 50 parts that will be read by NLT actors from throughout the area.

The cast of the NLT reading includes Leo Hatem of Paterson, Alex Reed of Nutley, Lisa Galea of Nutley, Betsy Newberry

Saturday -

Wednesday:

8:10 am

9:20 am

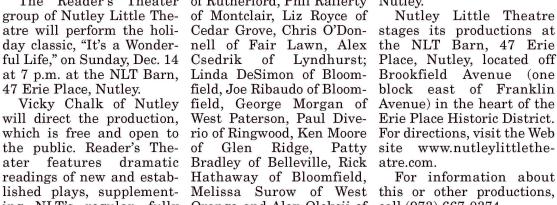
Fridays:

11:10 am

8:35 am 11:35 am

9:00 am 12:00 pm

12:20 pm



Nutley Little Theatre

For information about Orange and Alex Oleksij of call (973) 667-0374.

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t's that time of year again, time to single out the people and places working in the hotel/casino gaming industry over the past year who in the opinion of this columnist have made an outstanding contribution to the entertainment and general welfare of the gaming industry by maintaining a standard of professionalism and excellence in their jobs. Casino Confidential's version of the Oscars, if you will The recipients of this year's awards were not idle choices or paybacks to any individual or establishments for kindnesses or favors given to me or "this column." They were chosen only because they were consistently the best at what they did during the year. So without further ado, the envelopes please. Male Entertainer: JACKIE MASON. This selection should not surprise anyone who reads my column regularly. When he is town it's non stop laughing for one hour and a half. He was the best show this year and since laughter is healthy, he was the healthiest. Female Entertainer: LINDA EDER. This one was easy, a no brainer. Linda Eder is the best since Streisand and for my money every bit as good as Barbra ever was. I caught her Christmas Show at Mohegan Sun and she was simply "out of this world." No noises, coughing, rattling of chairs, or even heavy breathing, just 10,000 people of all ages, ethnic origins and religious beliefs, enthralled and intently listening to a great vocalist and entertainer! Best Hotel: THE BORGATA. Although the Borgata has only been open for six months, it has hit the jackpot first time out of the box and receives this year's Tony A for best hotel. Management has lived up to and gone beyond my fondest expectations in management and overall design and dining. Best Dining Experience: LA PRIMAVERA RISTORANTE. Caesar's fine Italian restaurant gets the Tony A nod this year. I love Shrimp Fra Diavolo and they make it the best. It's all the sauce and is closest to a home cooked dish than any of the others. An easy winner this year. C.E.O. OF THE YEAR: I'm eliminating this category because there are only a few real CEOs left to choose from. Most of the casinos are corporate-run and controlled and they set down the policy. In short, the day of the individual mastermind is gone with the wind. Entertainment director: TOM CANTONE. I've been singing this man's praises for years and rightly so. In Atlantic City both with the Sands and then all three Trump properties he was given awards and recognition by me and others in the business for revolutionizing casino entertainment. He is now the executive vicepresident of Foxwoods in Connecticut and runs the largest casino entertainment group in the country. He is simply the best in the business today. Public Relations Director: BRIAN CAHILL. This young man is a repeat winner and deservedly so. He runs all of Bally Park Place public relations and media contacts. Since that means he is doing the work of Ballys, Caesar's, and the Hilton, that alone is enough to win but when you add efficiency, creativity and an ever present congenial manner, you have an easy repeat winner. That's it for this year's awards. For those of you who didn't make it this year, keep trying, practice makes perfect, you know. In any event I want to wish all of you winners, losers, readers and the rest of you who are still breathing, the very merriest of Christmases and happiest, prosperous and winningest of the New Year. You'll notice I didn't list a winner in the best "casino" category. That's one category you don't need anyone to tell you who's best for you!

Doorjam, a musical ex-

Bloomfield's Garden State Band schedules three holiday concerts

The **Bloomfield-based** Garden State Concert Band (GSCB) has announced its holiday concert schedule.

• Tomorrow, Dec. 12, the GSCB will perform at Saint Mary's Church, 91 Home Ave., Rutherford, beginning at 7:30 p.m.

Soprano soloist Jennifer Jinks will sing the "Ave Maria" by Bach/Gounod, "Cantique de Noel" by Adolphe Adam and the "Alleluia" from Exaltate Jubilate, by Wolfgang Amadeus Mozart. Admission is free and open to the public. For additional information, call Saint Mary's at (201) 438-2200.

• Saturday, Dec. 13, the Garden State Concert Band performs at Saint Thomas the Apostle Church, 60 Byrd Ave., Bloomfield, at 7:30 p.m. Soprano soloist Rita Maggio will perform the "Ave Maria" by Bach/Gounod, "Cantique de Noel" by Adolphe Adam and the "Alleluia" from Exaltate Jubilate by Wolfgang Amadeus Mozart. Admission is free and open to the public. For additional information, contact Saint Thomas the Apostle at (973) 338-9190.

• Sunday, Dec. 14, the GSCB performs at Saint Thomas More Church, 12 Hollywood Ave., Fairfield, at 3 p.m.

Soprano soloist Rita Maggio will perform with the band. Admission is free and open to the public. For additional information, contact Saint Thomas More at (973) 227-0055.

Child care is available by reservation. For more infor-

mation, call (973) 616-0106.

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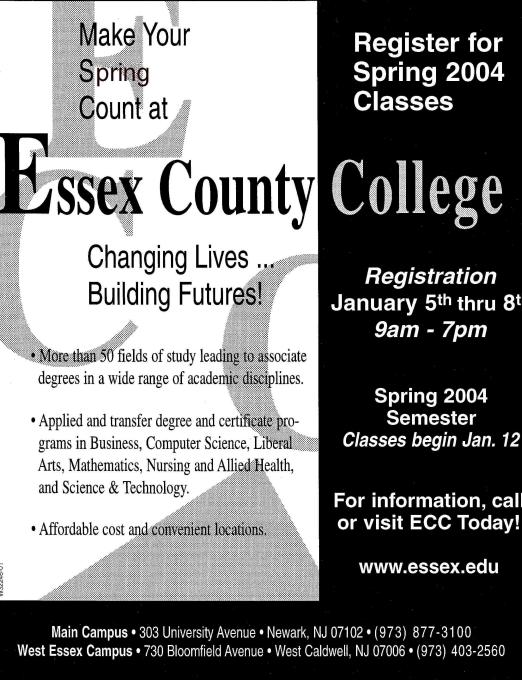
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G&DLRC NEWS

Just a note to thank you for the increase in new members. If each old member would bring in one new member, this club will stay healthy. So keep those e-mails and letters coming.

Contact Tony August via E-Mail (cascon777@aol.com) or write to Executive Editor, North Jersey Community Newspapers, 1 Garret Mountain Plaza, PO Box 471, West Paterson NJ 07424-0471

January 5th thru 8th

For information, call or visit ECC Today!

Belleville High School rings in holidays with concert

Music Department will be Pacem," and selections from presenting its annual holiday concert on tonight, Dec. 11 at 7 p.m. in the high school auditorium.

performances by the high school's chamber and string orchestras, the chorus and concert choir, and the high school dance company.

The chamber orchestra, under the direction of John Furia, will begin the concert Thomas Finetti, the 75with the "Allegro" from Anto- member chorus' selections Halls" by John Rutter. nio Vivaldi's "Concerto for Two Trumpets." Among some of the selections the string orchestra will perform are arrangements of "Spring" from Vivaldi's "The Four Sea-

The Belleville High School sons," Mozart's "Dona Nobis prano solo. Tchailovsky's "Nutcracker Suite."

The dance ensemble, under the direction of The program will feature Deanna DeGraff, will perform "Dance of the Sugar Fairy" Plum \mathbf{from} Tchaikovsky's "Nutcracker Suite," "Song For A Winter's Night," "Dreams Come True," and "The Gift."

Under the direction of will include "The Most Wonderful Time of the Year," "Carol of the Bells," "Sleigh Ride," and "O Holy Night" with 11th grader Natalie Nachimson singing the so-

The select concert choir's selections include "Gloria in Excelsis Deo" from Bach's "Magnificat in Eb;" de Victo-

ra's "O Magnum Mysterium;" an exciting arrangement of the Israeli folk song, "Al Hanissim;" the beautiful spiritual, "Behold the Star" with sophomore Mindy Cendana and junior Gonzalo Valencia as vocal soloists; and an intricate and amusing arrangement of "Deck the

For the finale, the concert A donation of \$2 will be accepted at the door.

Reval (Continued from Page A1)

proved by the state," he said. "We have a sheet of in tax appeals on new approved companies that homes and condominiums. we got from the state Divi- The problem is when you sion of Taxation in Trenton."

Merdinger also has a list of all towns revalued in the last two years. "The costs were between \$800,000 and \$1 million," he said.

Tax maps have to be upthat they be brought up to standards," current Merdinger said. "It was 1992 the last time they were updated."

He said it would take well into 2004 to complete man Thomas Fuscaldo said the maps. "Belleville is not that since Newark took 15 current in the way stanset up," dards are Merdinger said.

Several council members have compared Belleville's revaluation to Newark's. Merdinger said Newark had not had a revaluation approach," he said. He also since 1957, and then began a revaluation 10 to 15 years ago.

"They completed it physover \$2 million."

Then new legislation was passed and they were forced to do another revaluation, which cost \$6 million to \$8 million, not including the revaluation over several years, like Newark.

Escott said, "It helps any brand new properties and saves us a lot of headaches let it run for 10 to 15 years without doing it."

He questioned why the state doesn't help out with the costs.

Escott recalled that former township tax assessor Thomas Salzano made a dated. "One requirement is request to the county that Belleville have a revaluation. "The council was rather upset, but you can only dodge a bullet for so long," he said.

Second Ward Councilto 20 years to revalue their property, "What's good for the goose is good for the gander," and Belleville should be allowed to phase in revaluation.

"I'm willing to take that wanted the state Board of Taxation to help Belleville with the costs.

If a home valued at ically but didn't put it on \$39,000 before revaluation the books," he said. "It cost pays \$5,000 in taxes and

then pays \$7,000 afterward, "that'll cause a revolution in town," Fuscaldo said.

He said it's a matter of proportion, that if property help some and hurt some, values are high, it is because taxes are very low.

Fourth Ward Councilman Michael Melham said to go through revaluation, Merdinger "has a history with Belleville and a great this by 2006," he said.

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Bellevillenj.org is up and running takes second place in contest

By Richard Dickon of Belleville Times

Belleville township's official website is now "the most state of the art website in the state," according to Fourth Ward Councilman Michael Melham.

website, The www.Bellevillenj.org, took second place in a state contest, Melham said, while also taking an honorable mention in website design. The site contains fresh information, a community calendar, and on-line ordinances that can be searched through a key word or

reputation. He gave us the facts. Our hands are tied. I'm not happy the county decided to do revaluation."

He said the process "will with reductions and increases."

"It took Newark 18 years and we're going to complete

Upcoming meetings of council, $_{\mathrm{the}}$ township zoning and planning boards are listed. An agenda is listed before the meetings, and afterward any actions taken are included, Melham

phrase.

said. Residents can download forms for things like absentee voting. There is a telephone directory, and e-mail addresses for the town clerk and all council members.

"It was my concept, and I knew what I wanted," Melham said. "We went out and got a web page develop-

The site has links to outside election results.

with the clerk to find out object."

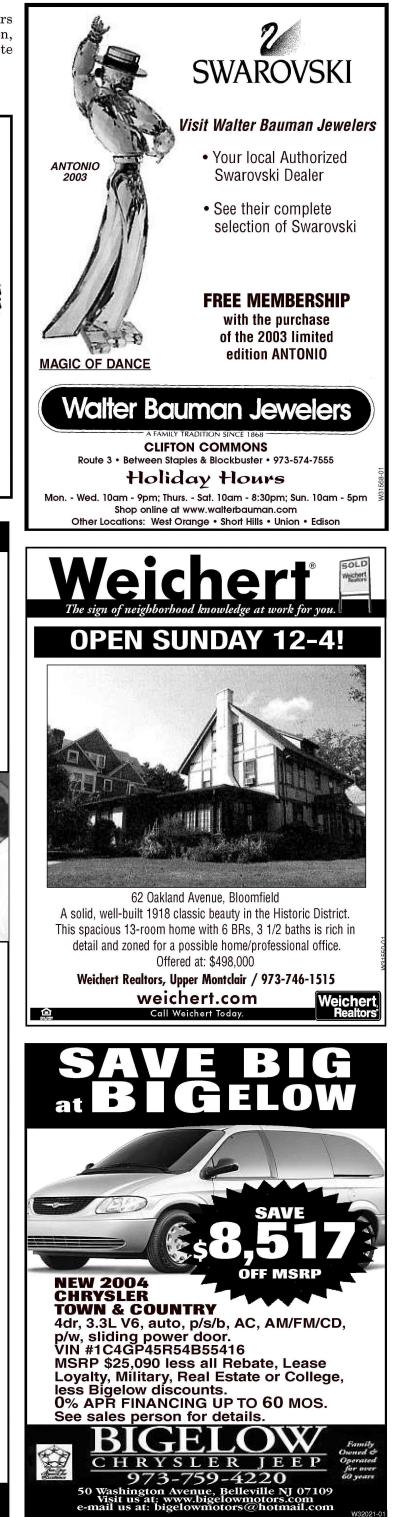
and put it in there," he said. Other high tech propos-

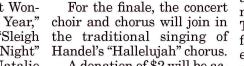
what people are calling for

als the town is looking at include a fiber optic connection with the schools, where police could patch into the school system via closed circuit television, Melham said. Police officials made a proposal to the council on Dec. 1.

Then there is the possibility of televising council meetings. Melham said, "I've been interested from day one. We have the capability, with the high school t.v. station."

"There's really not a lot involved," he added. "It's not hard to tape, and we have a 'We're trying to work station to air it. I wouldn't





tax maps, and was put on the books Jan. 1, 2003, he said.

The timeline for the revaluation is to have the tax maps approved possibly by late 2004. The township would then get a green light to seek out a revaluation company, and check the approved companies from the Belleville area before the council makes a choice.

Third Ward Councilman Bill Escott said of the revaluation, "It's a fact of life that it's got to be done. Certainly we have to comply."

He said he hopes the township gets to phase in





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COKMARKS

these upcoming events at cluding videos. the Belleville Public Library and information center.

• Poetry classes with poet Alice Johansen at 1 p.m.

Dec. 15th

• Internet Classes - 10 a.m.

Dec. 16 - Introduction to the Internet

• For The Holidays

p.m. in the Carnegie Room —

Mon.—9 a.m. - 9 p.m. Tues.—9 a.m. - 7 p.m.

The Friends of the Li-

Mark your calendar for Dec. 20. A giant selection, in- as Manga.

Tree and menorah lighting service, concert

Mark your calendars for a very special holiday evening at the library Dec. 17. Beginning at 7 p.m. with the annual Christmas tree lighting and Chanukah menorah lighting service, and followed by a concert by the Chorus of Communities, the evening promises to be one that everyone will enjoy. Re-

begin at 3:30 p.m.

loan

The Belleville Public Li-



These titles will be housed together under the catalog number YP 741.5.

Poets welcome

Poets and lovers of poetry are invited to attend the monthly poetry class, 1 p.m. Dec. 15. The class, sponsored the Friends of the bv Belleville Public Library and Information Center and the literature department of the Belleville Woman's Club, is led by noted local poet Alice

poems. All invited.

Don't miss the **Internet boat**

Does it seem like everyone knows how to surf the Internet except you? Join an "Introduction to the Internet" 10 a.m. Dec. 16, in the library's computer center. Call (973) 450-3434 to register.

> **Meeting schedule:** board of trustees

In accordance with the

2004 meeting dates for the library board of trustees: Jan. 21 Feb. 18 March 17 April 21 May 19 June 16 Sept. 15 Oct. 20 Nov. 17 December meeting to be

announced.

The Belleville Public Library and Public Information Center is located at 221 Washington Ave. Call (973) 450-3434 or Fax (973) 450-9518. Find out more at the library web site, www.bellepl.org. The Shafter Branch Library is located at 30 Magnolia St. Call (973) 450-3538.



A8 — Belleville Times

Belleville school concerts coming up

December **Dec. 11**

• High School Holiday Concert - Chorus, Orchestra and Dance Company 7 p.m. High School Auditorium

Dec. 16

• School 5 Holiday Program 9 a.m. and 1 p.m. • School 9 Holiday Program 9:30 a.m.

• High School Small Ensembles perform at Clara Maass Geriatric Program 9:30 a.m. and Center 1 p.m.

• School 4 Holiday Program 1:30 p.m.

Dec. 17

Program 1:30 p.m.

• School 3 Holiday Program 9 a.m. and 1 p.m. • School 7 Holiday Program 1:30 p.m. (students only)

Dec. 18

• School 8's 5th and 6th grade Chorus perform at Paramus Park 1:45 p.m.

• Middle School Chorus Holiday Concert - 7 p.m. -Middle School Auditorium

Dec. 19 • School 8's Holiday 1:30 p.m.

• High School Chorus, Orchestra and Dance Company perform at MS • School 10 Holiday (assembly program) 9:45 a.m.

Walmart

(Continued from Page A1) has not yet entered into a contract with the owners of the Bloomfield property, an old site of the Westinghouse company.

Finkelstein said, "We need zoning approvals to the deal off the ground. We're working night and day to get the (state) DEP (Department of Environmental Protection) to live up to the promises they made. I hope we will resolve it very shortly."

He said his family has spent \$7 million to \$8 million on the property already for environmental cleanup.

The council changing the zoning to commercial/retail is key, Finkelstein said.

"We do not want to make WalMart hesitate by not changing the zoning," he said. "We don't want them to feel the politics of Belleville are against them."

He said WalMart will not build in a residential area with residential streets, so there is no where else in town for them to go.

The deal can only fall through, Finkelstein said, "unless we don't get all the approvals. WalMart is not going to spend that kind of money unless they get what they want."

Soho

(Continued from Page A1)

to see commercial development because of the ratables but thinks the ordinance has served to accomplish many goals set forth by the coun-

Frantantoni, however, has been more reluctant to show approval for the plan. He said that while he is happy that the planned use development ordinance offers provisions to preserve the Great Lawn, he still has issues with several provisions in the legislation. He said that the ordinance disregards density laws by stipulating density for the property at 25 units per square acre,

nine more than the current township density allowance for a maximum of 16 units per acre. He also said that he disagrees with the ordinance because it allows for commercial development, something he said CORR has been fighting against from the start.

"If this thing allows for commercial use, we have lost the fight," Frantantoni said. "What they are proposing in this ordinance is so improper because it will not only destroy that area of town but it will also blow the township zoning ordinance out of the water."

Fuscaldo, however, said that he believes there is room for compromise on the issue of density. He said that he thinks there have been great strides made and that he is pleased the latest ordinance focuses more on residential development.

"I have heard concerns about density," Fuscaldo said. "We have done studies however where we have found places like Bridgebrook Apartments with a much higher density and those properties generate a lot of tax revenue. I think by continuing to meet with the planner, we can find the right number and put the issue of density to rest."

SINESS PROFILES

Happy Holidays



Kingsbridge Financial Group, Inc. extends warm wishes for a joyful holiday season and a happy New Year. From left, James Viola, Kristin Osnato, Nadia turturiello, Salvatore Cocco, Jr. and **Christopher Dragone.**

Photo courtesy of Kingsbridge Financial Group

Social

Security

How to start a home business that will increase your income

A great way to make order business actually quite simple. All you need is the proper amount of motivation and a detailed plan to get the ball - and the profits - rolling.

want to do. You can choose to be employed from home as a typist, virtual administrative assistant or transcriber. Such positions typically earn between \$5 and \$20 an hour, so you may not reach your financial goals friends and family to help with this kind of work. On out. You may also want to the other hand, building a consider investing in prohome business as a graphic fessional child care, even if designer, a pet groomer, or it's just a few hours a day, through a simple mail- so that you can give your

more money is to start a books, tapes, videos or home business. Most people other products, not only think it's complex, but it's offers more freedom and flexibility but can bring in an unlimited income.

to help you get started:

• Schedule time to work Decide first what you on your business. This is especially important if you are a parent. If you have flexible hours and minimal client contact, you may be able to work around your child's naptimes and playdates and use baby sitters,



selling work and your customers undivided attention.

Prepared by the Advertising Department

• Find a mentor or mentors. Find someone who has done or is doing the kind of business you are interested Here are some easy tips in. His or her advice may prove invaluable. You may also want to look into consulting or continuing-education courses. Don't forget to check online or page through the phone book to find local organizations that can connect you to people who are just like vou.

> • Do your homework. Beware of businesses that promise "fast money" with little effort. Conduct a thorough investigation before investing your time and money in a home business venture and contact your local chamber of commerce or Better Business Bureau to make sure the business is not a scam.

• Secure start-up capital. Pay off your high-interest credit cards to make you more financially attractive to prospective lenders. Before you begin your business, you may want to save up for basic expenses like computers, office supplies, incorporation fees and child care if necessary. Keep complete records of all your income and expenses for income tax purposes. • Do your homework. The more you research your business, the more likely you are to succeed. Ask the reference librarian at your local library for resources on how to start a homebased business. You can also look to the National Association for the Self-Employed (www.nase.org) to get started.

Union (Continued from Page A1)

"The time is coming when something has to be done about health care costs," Fuscaldo said. "Maybe now it's a co-pay and later paying into the plan itself."

He said he thought it was ironic that people are complaining about this deal when two years ago he was part of a majority that was close to having firefighters do home inspections and pay part of their health care costs.

Carol Caprio leads the BMEA. She said, "We're waiting for the council. They're the ones holding it up. We're at a standstill until the council comes back to us."

The salary increases for both the firefighters and BMEA were three percent for 2003 and 3.5 for 2004.



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Seated (l-r) Nadia Turturiello and Kristin Osnato, standing (l-r) James Viola, Salvatore Cocco Jr. and Christopher Dragone

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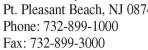
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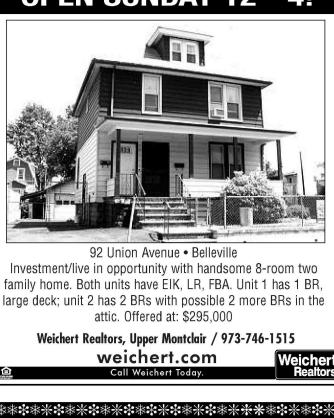
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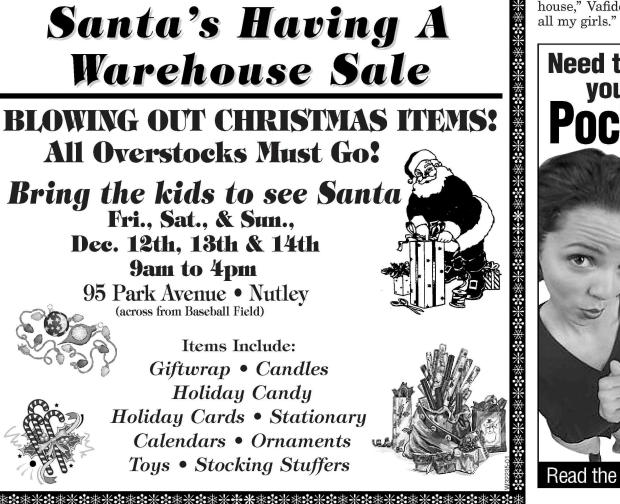
The police increases are three percent for 2003 and 3.75 for 2004-2006.

Cat

(Continued from Page 1) coon not too different from Tiffany herself in the yard. Now, Vafides said, it is the way that she comes by all her cats.

And although Tiffany came home with the top honor Vafide is quick to point out that all four of the other cats she entered in the October competition came home winners. Among the honors brought home were an award for extraordinary coat for Fancy, splashiest color for Rosie, longest whiskers for Cheri and beautiful eyes for Pinky.

"They said that Tiffany was the best cat but there aren't any best cats in this house," Vafides said. "I love





Belleville High School announces honor roll for first marking period

High honors Grade 9

Victoria Amparo, Christal D. Duarte, Sagar Joshi, Honors Elester J. Nicolas.

Grade 10

Kimberly B. Bantigue, Marc K. Escobia, Ketan M. Gujarathi, Diego F. La-Fuente, Rusafa Mahmood, Jennifer Thai, Jonathan Thai.

Grade 11

Darshan Bansal, Nicole C. Cabaccang, Sara M. Elghobashy, Ennid X. Gonzalez, Vincent H. Kam, Luanne E. Linares, Reuben R. Sarmiento, Marifae M. Tibay, Marijoy M. Tibay, Sonia M. Torres, Angel S. Valverde.

Soyosa, Ana Valarezo.

Grade 9 Bebin E.

Abraham, Shazeeda N. Bhola, Michael A. Brown, Crystal Brulato, David Campos, Princess M. Capuli, Natalie Caputo, Jason P. Cecilio, Jude Cecilio, Olgamarie Chamorro, Audrey Chio, Veronica A. Colson, Nicole M. Condito, Christina A. Corino, Bianka Cosme, Robert Cozzarelli, Sara David, Rebecca S. Dentato, Geoffrey Dos Santos, Jonathan P. Duarte, Rafa R. Fader, Nichole D. Fields, Joseph Flores, Josephine Gencarelli, Jaclyn Giangrande, Alfred Guaman, Gutierrez, Gail Glenn Gutierrez, Roli Kushwaha, Timothy C. Lopreiato,

Christopher A. Metta, Lisa K. Minichini, Oscar J. Padilla, Jacqueline M. Parr, Eliana D. Pastrana, Yash Patel, Joshua Reyes, Akilah LuHcas, Robinson, Miguel Rodriguez, Simi Sahu, Diego Saldana, Mirabelle L. Salomon, Janellie A. Samson, April L. Smith, Robert E. Smith Patricia K. Hoehe, neelisha Huan M. Tran. Kacqueline R. Joshi, Don Prem Legaspi, Truong, Katherine Valencia, Paul R. Lorenz, Vivian Lu, Amanda R. Veniero, Jared J. Vizzi, Akshar D. Yagnik, Peter J. Yaniga.

Grade 10

Binumol Abraham, Lesly Ayala, Josua Baker, Devo Balmakund, Lourdes Bernabe, Charles R. Bino, Mina Botros, Emily L. Burde, Nicholas G. Campione, Brittany D. Caputo, Christoph Teemer, Tien L. Tran, Randy Gomez, Ronak H. Gosai,

Carol D. Barnes, Ted D. Melanie Matias, Clarianne X. Carrera, David Caruso, Valverde, Leah I. Viray, Viviene A. Granados, Maria Medina, Jeremy Mendoza, Jean Castillo, Jessica Catan- Matthew V. Wolf, Agnieszki zaro, John A. Cecilio, Mayra Chicaiza, Giancarlo Cifelli, Nicole Collins, Matthew A. Cottino, Maria F. De heba M. Elghobashy, Islam Fayed, Toni Ann Ferraiolo, Ross Flores, Byron A. Geronimo, Caitlyn Han, Christoph Helmsley, Andrea C. Maldonado, Olivia Maucione, Marissa Millstein, Laura E. Muhleisen, Carol Ojeda, Philip M. Philippou, Rachel L. Procaro, Nicholas A. Riggi, Ruth Rivera, Timothy J. Roberts, Stephanie A. Rodriguez, Kevin C. Santos Iris J. Sprague, Xue Tan, Samantha C. Teel, Christa L. land, Peter Giunta, Jennifer

Wrobel.

Grade 11

Matthew Alfano, Jasmin Allen, Yanira Almagro, Montalvo, Raquel Astacio, Roger H. Avecillas, Daniel J. Baker, Kevan M. Bhatt, Craig Leon Binkiewicz, Luleika N. Boscana, Sasa Buhic, Phong Bui, Ryanjay M. Q. Calungcaguin, Christina Claungsod, Danielle D. Casale, Jennifer Castillo, Andrea V. Celin, Sook Jin Cha, Patricia E. Chriboga, Edwin Cotto, Cirio G. DeJesus, Michael W. Eng, Noelle C. Facchino, Christina M. Ferriol, Tamara D. Filangieri, Lianne Gabat, Dominic P. Garcia, Dennicqua L. Gar-

E. Hurtado, Danielle Idone, Rolan J. Izar, Kimberley A. Ledgister, Joseph V. Longo III, Allison M. Machazek, Shea M. Markese, Jasmine Marielle Murnock, Natalie Nachimson, Dalila M. Navarro, Zuan T. Nguyen, John M. O'Donnell, Jiana L. Paladino, Riddhi R. Patel, Marina S. Pejic, Jonathan C. Pennetti, Glisedia Periz, Lauren M. Rary, Alfonso Cezar P. Reyes, Emmanuel Reyes, Jose e. Rodriguez, Pablo J. Rosario Jr., Rimi Sahu, Carmen Salem, William M. Seidenzahl, Lillian S. Sprague, Nicholas S. Sprechini, Zachary M. Stein, Gonzalo A. Valencia, Sunny S. Veniero, Marc-Ian Victorio.

Grade 12

Daniel A. Andraos, Erica M. Bini, Jezebel S. Bolante, Ivana Breskic, Jessica S. Brondo, Thomas X. Carrera, Jae Pil Cha, Usman Chaudhry, Anna Cifelli, Jenna L. Constantino, Andrea Cortes, Gabriela Cortes, Ralph Crespo, Gina M. D'Alessio, Mark V. D'Elia, Fernando De Los Rios, David E. Del Grosso, Arielle Depeine, Sunil A. Desai, Kevin R. Dholaria, Jennifer R. Dublin, Anthony Giordano, Venise A. Granados, Frank Gussie, Peter Haenchen, Joseph T. Izar, Kenneth Johnson, Michelle Lembo, Maeve C. Lopreiato, Jorge L. Malave Jr., Brian M. Mallari, Meaghan K, Morin, Rick Motilall, Ramon L. Ortiz, Daniel A. Paladino, Anand B. Pandya, Johanna Perriere, Craig S. Peterson, Debbie Pinto, Kristina M. Rodriguez, Milna R. Rufin, Amanda A. Russell, Victoria Sagarese, Victor M. San Luis, Michael Schetlick, Christoph Stolz, Nicole Tomasella, Vanessa C. Valarezo, Trang T. Vu, Imily A. Yanes, Brian Yankouski.

Clara Maass

The residents and staff of For the third consecutive

Grade 12



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comfortable and safe envi- step out for the day. Our ronment for adults who re- admission staff is available quire supervision of med- to assist you. Call us today ications, companionship, at (973) 509-7363," he conmedical monitoring, meal cluded. preparation and laundry services," DelVecchio.

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one is placed in an environ- Montclair.

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"We also offer respite homes are personally man- care on a per diem basis aged by the owners, and daily and weekly rates Deborah are available.

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Attention: low back pain sufferers Hearthside

By Dr. Susan Guarino, Reduction of the intradiscal Chiropractor

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During an initial consultation, I will determine if your condition fits the profile for treatment.

To review the research on the DRX9000, go to the web site www.axiomworldwide.com. and click research.

I also continue to see many patients who respond bring in the New Year. to traditional "hands on"

Commons plans inside the disc - results in several holiday events

Prepared by the Advertising Department

Now that the holiday season has begun, Hearthside Commons at the Job Haines Home has several events scheduled for the residents to enjoy.

The Glen Ridge Girls' Club was invited to assist the residents with trimming the tree. Other special programs include a performance by the Hoffmann-LaRoche Chorus and the Salvation Army Band, members of which will be distributing gifts to the residents. The residents will also be caroling with Pack 22 of Bloomfield and a holiday tea is planned for the residents and their guests.

In addition, Hearthside Commons will observe Hanukah with story telling and lighting the menorah A New Yoor's Seeking gifts for eight days. A New Year's Eve party is planned to for patients

Dr. Renee M. Arace

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> 1-888-743-0794 973-743-0792 Hearthside Commons at the Job Haines Home 250 Bloomfield Avenue Bloomfield, NJ 07003 www.job-haines.org

Dr. Susan Guarino, Chiropractor

Belleville.

chiropractic care. Call my Job Haines Home would like office at (973) 759-3600 or to wish the community a visit 858 Joralemon St., very happy and healthy holiday season.

holiday season, The Cancer Center at Clara Maass will offer its annual Holiday Gift Cart for patients in the **Oncology** Inpatient Unit as well as those undergoing treatment in the Radiation Oncology Department.

The cart will be offered throughout December to those patients unable to go shopping for the Christmas/Hanukkah/Kwanzaa holidays. Patients will be able to select gifts free of charge and have them tagged and wrapped by Clara Maass volunteers.

The Medical Center is currently accepting donations to stock this year's cart. Suggested items for include adults gloves, scarves, after shave, cologne, calendars, books, candles, and picture frames, in addition to storybooks, crayons, coloring books and small toys for children.

Donations may be dropped off at the medical center at the main lobby information desk or to the security department, located adjacent to the emergency department entrance. Items should be marked to the attention of Jane Kominiak in Social Services or to the attention of Raylene Languish or Roslyn Dilligard in 3 South Annex.

The First Lutheran Church of Montclair is also assisting in this special project by providing gift items. All gifts will be wrapped in hand-decorated holiday paper, created by students attending the Essex/West Hudson First Cerebral Palsy Center, located on the campus of Clara Maass.

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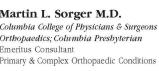


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Martin L. Sorger M.D. Columbia College of Physicians & Surgeons Orthopaedics; Columbia Presbyterian Emeritus Consultant





Experts say that this flu season could be severe in New Jersey

Candy J. Cooper The Record

Shiver, hack, groan. A nasty cold?

chills and aches of the season could signal a sinister new flu, causing especially grave illness in children.

for the deaths of at least six children in Colorado, three last month and urging in Texas, and one each in others to follow his lead. Oklahoma and New Mexico. Colorado has about 6,300 flu cases overall. The usually high number of cases in the West has prompted a bleak flu forecast nationwide and has some New Jersey officials worried.

"Current suggest this year's flu to receive the vaccine. season will be especially missioner Clifton Lacy said month, when a baby tested Thursday. "The good news positive for the influenza is that the flu can be pre- virus at Hackensack Univented. ... Get the flu shot versity Medical Center. as soon as possible."

epidemiologists report no said Dr. Jerome Levine, signs of an epidemic, chief of the hospital's infecthough they are attuned to tious disease division. All indicators. The state keeps eight cases involved people no central registry of flu under the age of 20 - not a cases.

Hand in glove with the for this early in the flu

warning comes a public season, he said. campaign to encourage vulnerable people - those older than 50, children ages 23 As winter nears, the months to 6 years, the chronically ill, and nursing home workers - to roll up their sleeves for the flu vaccine.

The flu is being blamed so, getting his inoculation season," he said, adding publicly at the State House Next week, the state Department of Health and Senior Services will begin a series of public service announcements to encourage people to get the shots. Its Web site, at www.nj.gov/flu, offers updates on influenzalike symptoms reported in indications the state, along with places

Since then, seven other So far, local doctors and cases have been confirmed, high number but unusual

At the Bergen County

Health Department, epidemiologist Marc Paladini said he was monitoring hospital emergency departments closely for signs of influenza.

"So far, it looks like it Governor McGreevey did could be a pretty heavy flu that his agency has plenty of vaccine.

Vaccine seekers have been scarce at the clinics, said Margaret Macali, director of public-health nursing for the county. She said the vaccines are more readily available from private vendors, including some employers.

As much as the state seems unscathed so far, troubling indicators are former chairman of an ad-The first confirmed case close to home. In Connecti- visory committee to the fedsevere," state Health Com- in the state occurred last cut, 39 cases of flu have eral government on vaccibeen confirmed so far - an nation guidelines, predicted unusually high number, ac- a possibly devastating flu cording to the state Health season.

Department.

bodies have not previously been exposed to the virus that infects the nose, throat and lungs, according to the federal Centers for Disease Atlanta.

"We don't have a crystal ball," Lynnette Brammer, epidemiologist with the influenza branch of the CDC, said Thursday. "You look at the data and try to make the best use of it. If I were on the East Coast, I would take this as a chance to prepare."

Dr. John Modlin, medical director of Children's Hospital at Dartmouth College in New Hampshire and



Children are particularly careful about predicting," susceptible because their Modlin said. "But I personally have a heightened concern about this season. The idence. season generally peaks in January and February, but we are seeing more than class of flu viruses that Control and Prevention in usual already for this time caused severe outbreaks in of year."

people to get the vaccine, whether the Hackensack saying it causes minor side cases were of that variety, effects in 10 percent of recipients. For the needlephobic, this year's vaccine is also available at a higher vaccine does not inoculate cost as a nasal spray. And a specifically against the new manufacturer is offering western strain, it does offer \mathbf{the} thimerosol, a preservative lessen symptoms, experts that has caused some worry agreed.

"You have to be very among parents with autistic children.

Modlin said that connection is not based on any ev-

western strain. Theknown as H3N2, is one of a the United States in the Modlin also encouraged 1990s. It was not known though the first one was not, Levine said.

And while this year's vaccine free of some protection and can

Area-wide flu shots available

Department at Clara Founders Room, located Maass Medical Center will adjacent to the main lobby sponsor flu vaccination clinics. Vaccinations will be available at a cost of \$20 per person. Individu- times are Monday, Dec. 15 als with Medicare Part B from 9 to 10:30 a.m. will receive the vaccination free-of-charge upon presentation of a valid munity Health Departcard.

All flu clinics will be (973) 450-2213.

The Community Health conducted in the Belleville on the campus of the medical center.

December vaccination

Pre-registration is requested. Contact the Comment at Clara Maass at

Prepared by the Advertising Department

EALTH BEAT

Stressed out as the holidays roll in?

By Dr. Robert Ruffalo **Licensed Physical Therapist and Chiropractic Physician**

No matter how hard we try to keep the stress out of the holidays, it seems to be part of the traditional preparations.

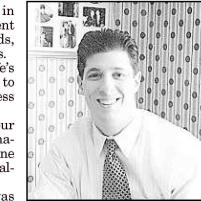
You can learn to manage stress and be in control if you follow the three Cs of stress management:

1. Commitment: Believe in and feel a deep involvement with your family, friends,

him allowed him to turn a negative situation into a powerful, rewarding lifestyle. And for my other family members, hats off to you too!

My staff and I wish you a happy and healthy holiday season.

A T.E.A.M. Approach Physical Therapy Center is located at 265 Broad St., Bloomfield., (973) 429-3001.



Osteoarthritis: which treatment?

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Chiropractor

of joint pain in people over 40 years old is osteoarthri- Montclair tis and this has become the most significant source of ing the causes of joint and lost wages and disability as people age.

Health is sponsoring a cal treatments and restormulti-centered trial of glu- ing patients to painless cosamine sulfate and chondroitin sulfate along and together compared to Cele- demic institutions in New brex and a placebo to deter- York City and Boston, Drs. mine not only whether Mendes, Chase, Fischer and these nutriceuticals reduce Sorger value clear commuthe pain of arthritis but nication with patients and also if they preserve or families as well as the abileven restore damaged cartilage. The preliminary results should be available in of orthopaedic care. late 2004. For people suffering pain cated conveniently at 200 from end-stage osteoarthri- Highland Ave., Glen Ridge, tis, advances in joint re- and they are ready to replacement surgery using spond to your orthopaedic mini-incision techniques as needs, both urgent and well as new materials to elective. Call (973) 746reduce wear, such as ceram- 2200 for an appointment or ic bearings, offer new ways more information.

The most common cause to restore painless function. The physicians of the Orthopaedic Group specialize in analyzmusculoskeletal pain. knowing the advantages of The National Institute of non-surgical versus surgifunction.

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work and moral convictions.

2. Challenge: View life's changes as challenges to meet rather than powerless situations.

3. Control: Control your own destiny. Self-determination or control can determine the outcome of new or challenging situations.

My brother, Rich, was dealt a very challenging situation - he lost his eyesight when he was in his 20s. The easy way out was to feel pity and loss of control. Although those tendencies were there. Rich has accomplished so much more. He committed himself to a challenging career. His dedication and support from others around

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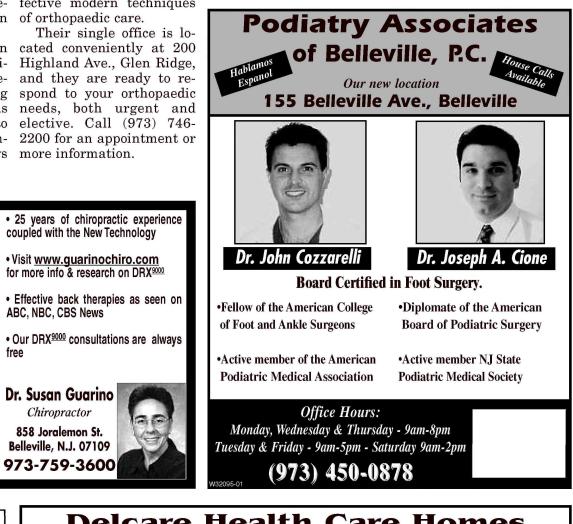
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A12 — Belleville Times



Help your teens celebrate Christmas, Hanukkah safely

keep teens safe during this holiday season and beyond:

• Make sure your teen has a plan for the evening and that you know it. It's also not a bad idea to set a curfew. If he or she doesn't already have a cell phone, now may in case of emergency. If the school sponsors holiday parties, encourage your teen to attend, as it's likely no alcohol will be there.

be the access point for your child's alcohol consumption.

 Make sure you know who is driving. If your child is sure your teen understands driving, make sure the car's engine, tires and brakes are in good condition and insist that passengers wear seat belts at all times. It's important that teens understand that they should never get into a car with someone who has been drinking or doing can take time to talk with drugs, no matter who he or she is. Tell him that he can gers of drugs and alcohol and call home and ask for some- help them make wise deci-

Follow these tips to help time, no questions asked.

• Be aware of the local "hot spots." If you lose track of your child, you'll know of some places to look for him or her.

• Speak with the parents of your teen's friends. If you're worried that alcohol be a good time to get one so may be at a party, discuss that help is readily available your fears with the host's parents. You can refuse to let your teen attend if the parents ignore your concerns.

Discuss the consequences of drinking and • Monitor the alcohol in drugs, including impaired your home. You don't want to judgment, unsafe sex, hangovers, fatigue and dangerous or illegal activities.

• Most importantly, make that it's okay to say no to any activity that makes him or her feel uncomfortable.

With parties aplenty during this time of year, it may be impossible to watch out for teens every minute of every evening, but parents their children about the danone to pick him up at any sions when out with friends.

Stress and 'blues' can be relieved

These tips will help you feel less stressed and help eliminate "the blues" during the holiday season:

• Plan ahead as much as possible

• Keep reasonable expectations

• Accept that there is only so much you can do, given time constraints and financial considerations

• Try to maintain a positive outlook

 Get involved by helping others who are in need

• Don't get caught up trying to please everyone

• Be more forgiving and tolerant - many people may be feeling the same way you feel

Even with the best planning, be prepared for setbacks

• Make time for yourself to have fun

• Remember what really counts - a little compassion, love and understanding can be the best cure for handling holiday stress

'Progressing' through Fresh blooms add holiday a holiday dinner

on your holiday party this décor but there's still some year? Try a throwback from the 1970s': progressive dinner parties.

Progressive dinner parties are a great way to get together with neighbors, friends and family and the house to house. best part is, you're only responsible for one course.

Progressive dinners work best and are the easiest to organize if the participants live in the same or adjoining neighborhoods.

Schedule no more than three or four courses; otherwise the evening becomes too complicated for all involved.

Plan on at least a threehour evening, with 45 minutes at each home. That time frame is not set in stone.

If you're part of the organizing team, you'll not only want to consider the menu, but the décor and arrangement as well.

This way, hosts will have ready for a comeback.

Want to put a new spin freedom in choosing the continuity as giests go from house to house.

If you don't want to be season-specific, you could choose one color and repeat it in different tones from

The same color could be replicated in items such as table linens, plate ware, drinks, glasses, candles and more.

For progressive party food, there are plenty of options

The key to a great progressive dinner party menu is the "make-ahead ability" of the dishes.

Select appetizers, soups, salads, main courses or desserts that can be made ahead and still look fresh and wonderful when your them so that they will look guests arrive.

A simple Web search for "progressive dinner party" will yield even more infor-Each house can take on a mation and recipes for an different color as its theme. entertaining idea that's

beauty to homes

There is no mistaking the inviting presence of fresh-cut flowers.

They can be the basis of holiday decorations, set the mood for a moonlight dinner for two or add a sense of elegance to a wedding reception.

Flowers can also set the scene when you are entertaining.

From a lavish banquet to intimate morning an brunch, the right flowers are the perfect complement.

The presence of flowers lends a grace to any and every occasion, but you must choose your flowers carefully and condition best for your party.

There are a few things to consider before creating your personalized floral arrangements.

For informal displays, you will need a good pair of florists' scissors, a pair of pruners for cutting wood stems, a small, sharp knife for scraping stems and buckets in which to condition flowers.

For more complex arrangements, you may need florists' foam, chicken wire, stub wires, wire cutters, florists' gum and prongs.

First decide on the type arrangement) of or arrangements) you want at your party. Where would you like to display it? How much space is available? What vases or other receptacles do you have? What flowers are in season? Do they dictate your color scheme or the in with it? Low displays are most suitable for the table, but larger bold ones really can impress; either have one on the dining table until guests sit down to eat or place on a side table or mantelpiece. Buy flowers three days in advance of the occasion, selecting specimens that are just beyond the bud stage, with healthy fresh leaves. Check that stems that have been underwater are not white or pale and are free of slimy bacteria. When you return home, prepare all plant material by cutting the ends of the stems at a sharp angle and scraping around each stem up from the base. Remove any leaves that will be submerged in the final arrangement and plunge the flowers or foliage into a bucket of water with three or four drops of household bleach added (this inhibits the bacteria that causes plants to rot). Leave in a cool light (not sunny) place for at least two hours but preferably overnight or until buds have opened and you do the arrangement, ideally the day before the event. Keep the buckets in a cool place to prolong the plant material's life. Once arranged, change the water regularly, adding a few drops of bleach each time. Drooping stems are sometimes revived by placing their ends into almost boiling water for five to 10 minutes.



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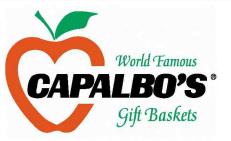


delectable medley of treats we've artfully designed to complement it. There's imported Danish butter cookies, Italian breadsticks, a Ritter Sport German chocolate bar, cheese spread from Switzerland, Dutch chocolate-covered cookies, Lindt Swiss chocolate truffles, Belgian chocolate seashells, coffee, delicious Loacker Italian wafers, hard candies...the list goes on! It's sure to make a big splash with your favorite recipients! Net wt. 3 lbs., 8.4 oz. \$55.95

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#760 This popular gift has plenty of what snack lovers crave — dee-licious snacking! Just listen to this unbelievable lineup of mouth-watering treats - it's enough to make you cry UNCLE! We start with a generous tin of mouth-watering Delacre chocolate-dipped cookies, then add chocolate mini pretzels, delicious old-fashioned chocolate malt balls, unbelievable chocolate peanut clusters, scrumptious chocolate covered wafers, and munchy, crunchy, no-way-can-you-eat-just-one pistachios. Packed with variety and great taste! Net wt. 4 lbs., 10.1 oz. \$60.95

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RELLEVILLE SPORTS **Belleville Times** Thursday, December 11, 2003 — B1 **2003 Quad-Town soccer team**



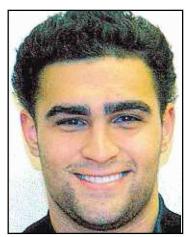
Richard Maliszewski

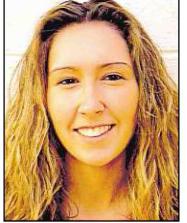


Mark Costa



Julian Baba





Nicole DeFrance

By Timothy Denman and **Mike Lamberti**

Girls

The Belleville girls' soccer season began positively as the Bucs defeated Teaneck 1-0 on a goal by Justine Stefanelli. However, a difficult schedule, and a seasonending injury to Stefanelli six games later, made the year a challenging one for coach Will Montes deOca and his team.

Nonetheless, the team did receive good performances from senior Nicole DeFrance and sophomore Tricia Somma. Of Belleville's 11 starters, eight were either freshmen, or sophomores, thus making the experience factor a positive for the Bucs next fall.

The Raiders finished with an 11-10 mark, and won their first two games in the county tournament. The Raiders qualified for the state tournament, but lost to Wayne Hills 2-0 in the first round.

On the season, Nutley scored 64 goals, while holding its opponents to just 36. The Raiders lost six games by only one goal, with three of those defeats coming in double overtime.

The Raiders will be grad-



Nick Marino

young this season and Head Coach Oscar Viteri is looking forward to continued success next season, with 13 varsity letter winners returning.

Viteri has coached the Ridgers for three seasons, and has compiled a record of 48-17-6. The Ridgers have qualified for the state playoffs all three of Viteri's seasons.

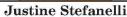
Boys

First-year coach Len Marino led the Belleville boys' soccer team to its second straight winning season. The Bucs finished 11-7 overall and, for the second straight year, earned a berth in the state tournament.

Belleville had a good mix of juniors and seniors. Led by senior Richard Maliszewski and junior Joshua Droz, the Bucs were an exciting team, which showed steady improvement as the season progressed.

The Raiders finished the season with a 6-10-1 mark, and were disappointed when they didn't qualify for the state tournament. Nutley was the victim of a lot of tough losses this season, losing nine one-goal games.

Head Coach Don Manfria



ing seven seniors this season, but Head Coach Steve Reitberger is excited about next season. "Next year we are going to be even better that we were this year," Reitberger said. "I think we have gained a lot of valuable experience this year, and I think we are going to put it to good use next season."

Reed Paterson and Sean O'Keife were named as next season's captains, with O'Keife taking over the goalkeeping duties.

Girls Quad-town team

Maddie Buttita (Glen Ridge)

The senior stopper was named first team all-Essex County and first team all-Colonial Conference for the past two seasons. Buttita scored five goals, and collected three assists for the Ridgers this season, while anchoring the defense. Buttita was voted team MVP by the Ridger players.

"Maddie is the best defensive player I have ever coached," Viteri said, "she was great fighting for loose balls, both on the ground and in the air fighting for headers." "She is a true leader on and off the field, and will be impossible to replace next season."





Sebastian Cano

earned first team all-NNJIL first team all-area, as well as second team all-Essex honors. Dziura was consistently asked to stop the opposing team's best player, and was called "our team's best defensive player," by her coach.

Meagan Flannery (Glen Ridge)

The senior midfielder tal lied nine assists this season and was the heart and soul of the Ridger midfield.

"Meagan is a workhorse, and is always giving 110 percent," Viteri said. "Flannery worked great with Ivory to get the midfield going all season long."

Julianne Hoatson (Bloomfield)

The senior stopper back anchored the Bengal defense all season long. "Julianne is a great marking back," Mayer said. "She is a real tough, physical player, who gave her all in every game from start to finish.'

Gabriele Isabella (Nutley)

The only freshman to

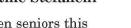


Raphael Hermazabal



Sarah Kruse





Tom Mikulski



Brook Delucca



Mike Filet

uating six seniors this season, but have a good group of young players, including three freshmen who played on the varsity team this year, and Head Coach Nick Markovic is optimistic that next year's team will enjoy even more success than this year's squad.

Last season, the Bengals finished with a 12-8 record, powered by a senior-dominated squad. This season, the young Bloomfield team was unable to build on last year's success, compiling a record of 5-12 in 2003.

Head Coach Bob Mayer believes that next year will compare with last year in terms of wins and losses; due to the valuable experience the underclassmen gained this season.

The three seniors who graduate this year will be missed by next year's squad, but the 13 returning letter winners are confident that they can get the program turned around.

The Ridgers finished the season with a 9-11 mark. Despite the sub-par record, Glen Ridge was able to qualify for the state tournament, and made it to the sectional finals.

In the finals, after knocking off number one-seeded Lyndhurst, the Ridgers fell to Whippany Park in a shootout, following double overtime.

The Ridgers were very

started a lot of underclassmen this season, and is confident that next year's team will be much improved.

"This is only my second year coaching here," Manfria said. "This year we were 'leaps and bounds' ahead of our performance last season, and I think the trend is going to continue next year."

The Bengals finished the 2003 campaign with a 6-13 record, but are optimistic that next year will bring greater success. Head Coach Craig Silverglade will lose seven seniors to graduation, but will be returning 10-varsity letter winner next season.

The Bengals' best game of the year was a 1-0 defeat at the hands of Bergen Catholic. "I know it is weird to say that our best game was a loss," Silverglade said, "but we played a great game that day." "B.C is a very talented team, and we were able to play with them for the whole game. We had our chances late in the contest to tie the score, but missed by mere inches. I was very proud of the team that day, they never quit."

The Ridgers finished the season with an 8-10 mark, and qualified for the state tournament. In the states, the Ridgers fell to number two-seeded Ridgefield in penalty kicks following double overtime.

The Ridgers are graduat-

Nicole DeFrance (Belleville)

A senior captain, De-France became a defensive mainstay after an injury to Justine Stefanelli. A fouryear varsity player, De-France was called by her coach, a leader by example. "Nicole was a very dependable player," Belleville coach Will Montes deOca said. "And she really stepped up her play after Justine's injury."

Brook Delucca (Nutley)

The senior forward was named first team all-area, and second team all-NNJIL. Delucca collected 11 goals and five assists on the season. Delucca scored goals in the team's victories against top teams Ridgewood and Montclair.

"Next season we will definitely miss Brook," Markovic said. "It will be real tough to replace her, she was always attacking the net, but also looking for someone to pass the ball off to.

> **Amy Dziura** (Nutley)

The junior sweeper

make the Quad-town team, Isabella scored 11 goals, and collected five assists on the season. Isabella was named second team all-NNJIL, and second team all-area.

"Gabriele is one of the best freshmen we have ever had here," Markovic said. "We had her mark the opposition's best players, and she never disappointed."

Amanda Ivory (Glen Ridge)

The senior midfielder scored seven goals, and collected six assists this season. Ivory was always one of the most skilled players on the field, and the team looked to her to setup the offense, and control ball distribution.

"Amanda and Meagan worked together consistently to keep the midfield in top form," Viteri said. "Amanda could always be counted on to get the offense going.'

Sarah Kruse (Glen Ridge)

The junior goalkeeper collected nine shutouts on the season, and kept the Ridgers in many tough games. Kruse's strong play in the net earned her captain honors for next season.

"Sarah is both defensively and tactically sound," Viteri

(See Quad on Page B2)

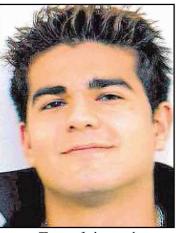


Samantha Sammaro

Nelson DeRosa



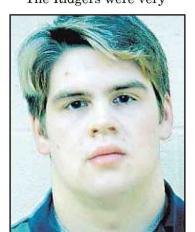
Amanda Ivory



Farsad Ansari



Gabriele Isabella



Ryan Mulligan



Gina Pollitt







Reed Paterson

Quad

(Continued from Page B1) said. "We are lucky to have her in goal for one more season. I expect great things from her next year."

Gina Pollitt (Nutley)

The junior midfielder scored 11 goals, and added eight assists, in her third year as a varsity player. Pollitt started all of the games for the Raiders in the midfield, and was a dependable leader in all season long.

Pollitt earned first team all-NNJIL, first team all-Essex, as well as being named first team all-area.

Samantha Sammaro (Nutley)

Sammaro lead the Raiders with 15 goals and 12 assists. The junior collected first team all-NNJIL, all-Essex, and all-area honors.

In her third year as a varsity letter winner, Sammaro scored the winning goal against Montclair High, to mark the first time in 10 years Nutley has defeated the perennial powerhouse.

Beth Schoch (Glen Ridge)

CAPE COD

SPLIT LEVEL

BI-LEVEL

The senior forward scored six goals on the season, while collecting two assists. Schoch had key goals late in the season to help the Ridgers qualify for the state tournament.

"Beth is a gritty, scrappy forward," Viteri said. "She always played hard up front, and could always be counted on to produce some late game pressure."

Amanda Scully (**Bloomfield**)

The junior started every game in goal for the Bengals, but also came out of the net late in the game to help add some offensive punch.

The Bengals' best allaround player scored five goals, while collecting four shut-out victories while in goal.

Tricia Somma (Belleville)

Belleville started eight players who were either freshmen or sophomores, and Somma was considered one of the best in that group. A sophomore defender, Somma was described by her coach, Will Montes deOca as "tough, a battler. She always wants to play, and she played through some injuries and did a good job for us."

Justine Stefanelli (Belleville)

A broken leg curtailed her season, but Stefanelli, a senior defender, certainly deserves post-season accolades. She scored the gamewinning goal in Belleville's season-opening, 1-0 win over Teaneck. "She was having a great season," Belleville coach Will Montes deOca said. "By far, she was

playing the best I've seen in controlled the midfield." her four years here. She never quit, and was a tremendous defensive

player." Stefanelli is considering attending Caldwell or Felician College next year. She was also named Honorable Mention, All-State, and will attend the N.J. Girls Soccer Coaches Association dinner next week.

Colleen Sullivian (**Bloomfield**)

The sophomore center forward scored nine goals for the Bengals, to lead the team in scoring. "Colleen did a real nice job for us,' Mayer said. "She was marked more than any other player on the team, but still was able to do a good job distributing the ball and finishing on goal scoring opportunities."

Boys Quad-town team

Farsad Ansari (Bloomfield)

The junior forward scored six goals on the season, and tallied three assists, ranking second on the team in both categories.

"Farsad is a hard nosed player, who is always ready to go the extra mile for the team," Silverglade said. "He is one of the hardest workers on the team."

Julian Baba (Bloomfield)

The junior played midfield, sweeper, and forward for the Bengals this season. He earned second team all-NNJIL honors last year as a forward, and repeated the honor this season as a sweeper. Baba's ability to earn the award two years in a row, at different positions is proof of his versatility.

"Julian was one of our team leaders," Silverglade said. "He is always one of the guys who never lets up, and is always motivating his teammates."

Sebastian Cano (Belleville)

The senior midfielder

Dario Chagas (Belleville)

A senior forward, Chagas was called by his coach, Len Marino, the team's most skilled, technical player. "He plays well in the air," Marino said. "He's strong and has a good shot."

Mark Costa (Nutley)

The sophomore, played stopper early in the season, then moved to center midfield, to fill in for an injured teammate. Costa was so dominant at his new position that he earned honorable mention all-NNJIL honors, finishing the season with five assists.

Joshua Droz (Belleville)

A junior sweeper, Droz was a solid one-on-one player. According to his coach, Len Marino, Droz, an outstanding defender, has good speed and plays very well in the air.

Nelson DeRosa (**Bloomfield**)

The senior defensive back was named first team all-NNJIL, and first team all-area. DeRosa dominated in the air fighting for free balls. The Bengals looked to him all season as a set piece for both the defense and the offense.

"DeRosa is the heart and soul of our defense," Silverglade said. "He is one of the kids on our team who had absolutely no quit in him. It didn't matter if we were winning or losing, he always gave everything he had."

Mike Filet (Glen Ridge)

The senior defenseman scored two goals this season, and was dubbed "Mr. Everything" by his coach. "Mike did everything for us this year," Reitberger said. "Although he was a defender we brought him up for corner kicks, and used him as an attacking defend-

The senior scored 13 goals, while collecting six assists, to lead the team in both categories. He was named first team all-area, and second-team all-NNJIL. Hermazabal is looking forward to playing soccer at the next level, but has not ironed out his collegiate plans yet.

"He is the most talented kid on the team," Silverglade said. "The way he handles the ball on his foot is unbelievable, he has the ability to make the ball dance."

Matt Leary (Glen Ridge)

The captain scored two goals this season, and racked up eight assists, playing many different roles for the Ridgers.

Leary was able to use his quick speed down the line to draw defenders to him, setting up his teammates with goal scoring opportunities.

Nick Longo (Nutley)

The four-year varsity letter winner finished his senior year with seven goals and eight assists. Longo was the constant leader of the Raider squad, earning all-state honors.

"Not only is Nick a great athlete, but he is a great competitor" Manfria said. "We never had to worry about the effort Nick was giving forth, he always gave 100 percent."

Richard Maliszewski (Belleville)

A senior midfielder, Maliszewski's versatility was a big asset for Belleville this season. "He can play any position on the field,' Belleville coach Len Marino said. "He's a strong player, and one of the reasons why we did so well." Maliszewski is hoping to play his collegiate soccer at Kean University next year.

Nick Marino (Belleville)

A junior, Marino played

coach Len Marino said. "He's a physical player. He also took most of our corner kicks.'

Tom Mikulski (Nutley)

The three-year varsity letter-winning goalkeeper collected four shut-outs this season, and kept the raiders in some tough games this season.

"Tom and Dave really worked well together to cement our defense," Manfria said. "Last season we let up 56 goals, and this year we only let up 36, which shows just how dominating our defense was this season.

Ryan Mulligan (Glen Ridge)

The Ridgers' goalkeeper, and team MVP collected seven shutouts this season, and controlled the defensive side of the field.

"He was our number one guy," Reitberger said of his four-year letter winner, "he is definitely going to be missed next season.

Dave Nakashain (Nutley)

The junior sweeper scored three goals, while collecting two assists. Although primarily a defender, Nakashain would be brought up on offense on set plays, and to take cornerkicks.

Nakashain was looked to as a leader on the defensive side of the ball, earning second team all-NNJIL honors.

Reed Paterson (Glen Ridge)

The center halfback was used to mark up on the opposition's strongest players, and it seemed as though he was everywhere this season.

"Opposing coaches would tell me that it was like we had 13 guys on the field," Reitberger said. "Reed plays with so much energy, and is always on the move."

Paterson was not used as a scorer this season. Rather





High schoolers raise the holiday spirits of local seniors







Irish Americans meet Wednesday

the Belleville Irish Ameri- A Christmas celebration will can Association will be held follow. All are invited. Queson Wednesday, Dec. 17 at the tions should be directed to Knights of Columbus Hall John at (973) 759-0383.

The monthly meeting of on Bridge Street at 7:30 p.m.

Deadlines

leases and photos submitted tion date. Copy can be eto the Belleville Times for up- mailed to bellevilletimes coming community events is @northjersey.com.

The deadline for press re- the Friday before the publica-



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Alan León/staff photographer

Belleville High School musicians came to entertain the Belleville Chapter of the American Association of Retired Persons last week with some Christmas tunes. Clockwise from upper, left, seniors applaud the students; the Belleville High School Band's saxophone quartet, front to back, Joe MacDizon Nadia Naranjo, Ted Soyosa and Alfy Corpuz; from left, Jenny Reis and Ennid Gonzalez, two members of the Belleville con-

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Belleville Times — B5

Elks club appeals for aid

season the Belleville Elks' charity appeal is sent out to provide a Christmas in hopes of raising the nec- party for the handicapped essary funds to bring hap- and to bring some Christpiness into the homes of mas cheer into troubled those less fortunate.

Appeal funds are used to ty and programs at the local veterans' hospitals.

Through

During the Christmas generosity at this time of ason the Belleville Elks' year, the Elks Lodge is able homes.

Contributions can be help handicapped children, mailed to: Elks Christmas the youth of our communi- Appeal, Benefit Handicapped Children Christmas Welfare Fund, P.O. Box 42, community Belleville, NJ 07109.

New surprises at the library children's room

Belleville Public Library grade. and Information Center recently reopened and is display in the children's be offered for the holiday available to all residents room in the months to again. In addition to the come. Included in these are The Belleville library will

The James J. Cozzarelli new books for preschool readers by various authors Jr. Children's Room of the children through sixth

New materials will be on five new public access com- Osborne and a collection of that brings books puters, a large number of picture books for young fortunate children.

season and in the new year. beautiful new room, the li- additions to the Magic Tree also be participating in brary is proud to present House series by Mary Pope Books for Kids, a program that brings books to less

The Children's Room will including Eric Carle and be collecting new and Lynne Cheney. Also look for gently used books to be disa full program schedule to tributed to children in the area for the holidays. If you have any books to donate, bring them into the Children's Room or to the Shafter Branch Library located at 30 Magnolia St., Belleville.

SE OF FINE HOMES

Real Estate TRANSACTIONS

BELLEVILLE

10 Mitchell St. - \$257,000 44 Columbus Ave. -\$305,000 85 Joralemon St. - \$228,000 252 Cortlandt St. - \$285,000 129 Birchwood Dr. -\$263,000 10 Harrison St. - \$357,500 37-39 Wilson Pl. - \$333,000 422 Franklin Ave. -\$256,500 1 Cedar Hill Ave. - \$310,000 40 Florence Ave. - \$226,000 18-20 North 9th St. -\$460,000 21 Division Ave. - \$335,000 252 Hornblower Ave. -\$273,300 87 Magnolia St. - \$146,000 38 Plenge Dr. - \$275,000 54 Center St. - \$300,000 725 Joralemon St. #67 -\$132,000 710 Mill St. #H13 -\$169,000 20 Watsessing Ave. #C12 -\$110,000 144 Rutgers St. - \$259,000 141 Heckel St. - \$160,000 21 Harvard Pl. - \$147,000 26-28 Washington St. -\$231,500 24 Baldwin Pl. - \$500,000 11 King Pl. - 185,000 467 Franklin Ave. -\$201,000 100 Garden Ave. - \$355,000 41 Fairway Ave. - \$200,000 50 Tappan Ave. - \$253,000 \$209,000

96 Emmet St. - \$245,000 30 Prospect St. - \$130,000 725 Joralemon St. #220 -\$142,000 75 Melwex St. - \$265,000 26 William St. - \$50,500 73 Gless Ave. - \$320,000 686 Union Ave. #D4 -\$200,000 675 Joralemon St. -\$105,000 384 Union Ave. - \$475,000 114 Belmohr St. - \$195,000 39 Harrison St. - \$535,000 52 Fairway Ave. - \$238,000 725 Joralemon St. #187 -\$115,000 136 Carpenter St. -\$220,000 165 Malone Ave. - \$273,000

NUTLEY

\$117,000

99 Elm Place - \$392,000 207 Ridge Road - \$398,000 25 River Road #B19 -\$172,500 541 Coventry Drive -\$330,677 219 Barringer Drive -\$350,000 20 Rhoda Ave. - \$393,000 58 Montclair Ave. -\$230,000 42 San Antonio Ave. -\$300,000 55 Edison Ave. - \$248,000 107 Stratford Drive -\$345,000 168 Coeyman Ave. -\$390,000 136 Passaic Ave. - \$230,000 19 Hilton St. - \$418,900 54 Linn Road - \$360,000 142 Watchung Pl. -\$211,000 534 Coventry Drive -

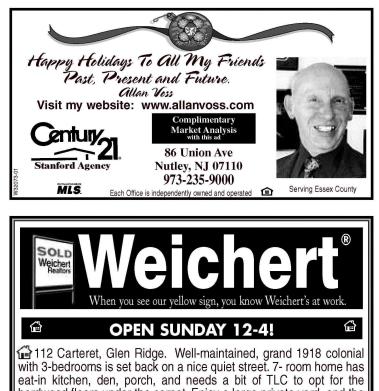
110 E. Passaic Ave. -\$154,500 103 Passaic Ave. - \$180,000 113 River Road #B5 -\$168,000 105 River Road #C1 -\$175,000 560 Coventry Drive #61 -\$344,525 83 Columbia Ave. -\$147,000 95 Raymond Ave. - \$170,000 78 Edison Ave. - \$265,000 538 Coventry Drive -\$260,386 544 Coventry Drive -\$313,554 19 Shepard Pl. - \$302,500

207 Barringer Drive -\$343,000 6 Oakridge Ave. - \$320,000 6-12 Hillside Ave. #3G -\$118,500 70 Overlook Terr. - \$466,100 34 Glendale St. - \$526,000 105 River Road #B1 -\$217,000 15 Colonial Terr. - \$350,000 134 Ohlson Ave. - \$210,000 287 Washington Ave. -\$217,500 32 Craig Pl. - \$334,000 111 Surrey Ct. - \$359,900 207 Hillside Ave. - \$479,000 127 Stratford Dr. - \$302,000 553 Coventry Dr. - \$316,495

33 Howe Ave. - \$277,000 217 Swathmore Dr. -\$354,000 9 Weston St. - \$238,500 69 Centre St. - \$395.000 88 Ridge Road - \$390,000 111 Barclay Dr. - \$375,000 509 Coventry Dr. #10 -289,900 543 Coventry Dr. - \$311, 286

Prepared by the Advertising Department

545 Coventry Dr. - \$317,142 2 Sargent St. #8004 -\$110,000 562 Coventry Dr. - \$272,759 568 Coventry Dr. - \$323,227 113 River Road - \$221,000 564 Coventry Dr. - \$320,842 282 Van Winkle Ave. -\$425,000 122 Raymond Ave. -\$229,000



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Belleville Health offers the truth about a worldwide killer

Awareness Belleville health Department would like to take the public on AIDS.

AIDS – Acquired Immunodeficiency Syndrome – was first reported in the United States in 1981 and has since become a worldwide epidemic.

human immunodeficiency virus (HIV). By killing or damaging cells of the body's immune system, HIV progressively destroys the to their babies during pregbody's ability to fight infec- nancy or birth. Approxitions and certain cancers. People diagnosed with AIDS may get life-threatening diseases called opportunistic HIV will pass the infection infections, which are caused by microbes such as viruses or bacteria that usually do not make healthy people sick.

Facts About AIDS

• As of the year 2000, nearly one million people in the U.S. were confirmed to be HIV-positive.

• The Centers for Disease Control and Prevention reports that 2.2 million Americans now carry the HIV virus but do not yet have symptoms.

• Each year, about 40,000 new HIV infections occur in the U.S

• AIDS is a leading cause of death for American men and women between the ages of 25 and 44.

• Through June 2000, 438,795 people in the U.S. had died from AIDS (374,422 men and 64,373 women).

• By the end of 2000, 36.1 million people worldwide were living with HIV/AIDS, with the vast majority living in developing countries.

• Through 2000, 21.8 million people worldwide have tion died from AIDS.

1996, there were more new first become infected with cases of AIDS among people HIV. Some people, however, older than 50 than those be- have a flu-like illness within tween ages 13 and 49. Today, 11 percent of all new cases of AIDS in the U.S. are now in people over the age of 50.

• The HIV carrier rate in

Since December is AIDS treatment, the risk of get- a month or two after expo-Month, the ting HIV from such transfusions is extremely small.

HIV frequently is spread opportunity to inform the among injection drug users by the sharing of needles or syringes contaminated with very small quantities of blood from someone infected with the virus. It is rare, however, for a patient to give HIV to a health care worker AIDS is caused by the or vice-versa by accidental sticks with contaminated needles or other medical instruments.

> Women can transmit HIV mately one-quarter to onethird of all untreated pregnant women infected with to their babies. HIV also can adults, or within two years be spread to babies through in children born with HIV the breast milk of mothers with the virus.

researchers Although have found HIV in the saliva of infected people, there is no evidence that the virus is spread by contact with saliva. Scientists also have found no evidence that HIV is spread through sweat, tears, urine or feces.

Studies of families of HIVinfected people have shown that HIV is not spread through casual contact such as the sharing of food utensils, towels and bedding, swimming pools, telephones, or toilet seats. Biting insects such as mosquitoes do not spread HIV.

HIV can infect anyone or flaky skin who practices risky behavior such as

• Sharing drug needles

or syringes Having sexual contact

with an infected person without using a condom Having sexual contact

with someone whose HIV status is unknown

Symptoms of HIV Infec-

Many people do not have Between 1991 and any symptoms when they

sure to the virus. This illness loss may include:

- Fever
- Headache
- Tiredness

• Enlarged lymph nodes HIV infection. (glands of the immune system easily felt in the neck and groin)

These symptoms usually disappear within a week to a month and are often mistaken for those of another viral infection. During this period, people are very infectious, and HIV is present in large quantities in genital fluids.

More persistent or severe symptoms may not appear for 10 years or more after HIV first enters the body in infection

As the immune system worsens, a variety of complications start to take over. For many people, the first signs of infection are large lymph nodes or "swollen glands" that may be enlarged for more than three months. Other symptoms often experienced months to years before the onset of AIDS include:

Lack of energy

• Weight loss

Frequent fevers and sweats

• Persistent or frequent yeast infections (oral or vaginal)

Persistent skin rashes

Pelvic inflammatory disease in women that does not respond to treatment

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The term AIDS applies to the most advanced stages of

AIDS

Symptoms of opportunistic infections common in people with AIDS include: • Coughing or shortness

of breath • Seizures or lack of coordination

• Difficult or painful swallowing

• Mental symptoms such as confusion and forgetfulness

• Severe and persistent diarrhea

Fever

• Vision Loss

• Nausea, abdominal cramps, and vomiting. • Weight loss and ex-

> treme fatigue • Severe headaches

> > • Coma

People with AIDS are particularly prone to developing various cancers, especially those caused by viruses such as Kaposi's sarcoma and cervical cancer, or cancers of the immune system known as lymphomas. These cancers are usually more aggressive and difficult to treat in people with AIDS. Signs of Kaposi's sarcoma in light-skinned people are round, brown, reddish, or purple spots that develop in the skin or in the mouth. In dark-skinned people, the spots are more pigmented.

Diagnosis

WELDERS

▶ Parkinson's Disease

▶ Respiratory Difficulties

1 - 800 - 613 - 0162

↘ Muscle Stiffness

▶ Tremors/Weakness

Because HIV infection

doctor or other health care provider usually can diagnose it by testing a person's researchers have developed blood for the presence of antibodies (disease-fighting proteins) to HIV. HIV antibodies generally do not reach detectable levels in the blood for one to three months following infection. HIV is available, the only By getting tested early, people with HIV infection can discuss with a health care provider when they should start treatment to help their immune systems combat HIV and help prevent the emergence of certain opportunistic infections (see section on treatment below. Early testing also alerts HIV-infected people to avoid high-risk behaviors that could spread the virus to others.

Most health care providers can do HIV testing and will usually offer counseling to the patient at the same time.

Treatment

When AIDS first surfaced in the United States, there were no medicines to combat the underlying immune deficiency and few treatments weeks of life.

Short-term memory often causes no symptoms, a existed for opportunistic diseases that resulted. During the past 10 years, however, drugs to fight both HIV infection and its associated infections and cancers.

Prevention

Because no vaccine for way to prevent infection by the virus is to avoid behaviors that put a person at risk of infection, such as sharing needles and having unprotected sex.

Many people infected with HIV have no symptoms. Therefore, there is no way of knowing with certainty whether a sexual partner is infected unless he or she has repeatedly tested negative for the virus and has not engaged in any risky behavior.

People should either abstain from having sex or use latex condoms.

The risk of HIV transmission from a pregnant woman to her baby is significantly reduced if she takes AZT during pregnancy, labor, and delivery and if her baby takes it for the first six

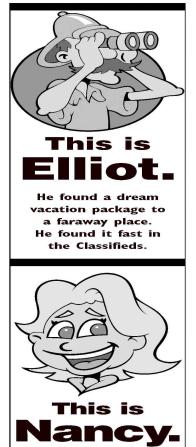


Belleville Times — B7

the U.S. is now one carrier for every 100 to 200 people.

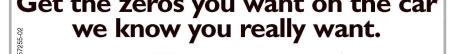
Having unprotected sex with an infected partner spreads HIV most commonly. The virus can enter the body through the lining of the vagina, vulva, penis, rectum, or mouth during sex.

HIV also is spread through contact with infected blood. Before donated blood was screened for evidence of HIV infection and before heat-treating techniques to destroy HIV in blood products were introduced, HIV was transmitted through transfusions of contaminated blood or blood components. Today, because of blood screening and heat



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RELIGION

The latest religion news from Belleville's houses of worship

St. Peter's rings in holidays

Christmas party Saturday

St. Peter's parish is hosting a parish Christmas party Dec. 13 from 6:30 p.m. to 10:30 p.m. Adults cost \$8; children \$4. The party will be held at the school auditorium, 152 William St., Belleville.

Entertainment is by the choir of St. Peter Claver Church, Montclair. Santa Claus will be there with gifts for the children. Door prizes will be available for the adults as well as table prizes, hors d'oeuvres, punch, soda, coffee, tea and Christmas desserts.

Tickets are on sale at the

door. For more information, God meets at 174 Homes and refreshments served. call (973) 751-2002.

Toast in the New Year

St.

Peter's Parish, Belleville, will hold a New Year's Eve gathering on Dec. 31 at 7:30 p.m. Mass will be held followed by dinner and dessert in the auditorium, including beer, wine, soda and a champagne toast. Music by D.J. John Colaneri. Tickets are \$30 each. Ticket purchases of 10 or more will

ROL celebrates the season

hold a reservation.

River of Life Assembly in Belleville invites everyone to attend the following special seasonal services.

River of Life Assembly of

Street in a casual worship setting. All listed meetings are free and open to everyone regardless of religious background, race, sex, color, height, or whether you're a Mets or Yankees fan.

Sunday, Dec. 14, 11 a.m. "Welcome To Our World!" Worship Director Ed Peterson and guest musicians lead the congregation in a musical worship experience to prepare our spirits for Christmas.

Friday, Dec. 19, 7:30 holidays. p.m.

"It's a Wonderful Movie Our popular Night" "Summer Movie Night" returns briefly this winter for a viewing of the Pastor Randy's favorite Christmas movie of all time. Popcorn



Sunday, Dec. 21, 11 a.m. "Family Feud Christmas Edition" Pastor Joe Rodriguez and the Kids Ministry at River of Life perform songs, skits and host a game show about the true meaning of Christmas.

December Online www.RiverofLifeWeb.com -Special features, articles, Q&A, Bible study tools – and hidden surprises inside the River of Life website for the

For directions, or more information about the church, call the church office at (973) 759-0726 or visit online at www.RiverofLifeWeb.com.

* * *

Wesley presents musical

"A Christmas Carol," a musical for children by Pam Andrews, will be presented Saturday, Dec. 13 at 7 p.m. at Wesley Methodist Church in Belleville, located at 225 Washington Ave. (next to the public library). It is indeed a special occasion for gathering of families, friends and brating of our joy of salva- Pastor Nancy Moore

tion for the Incarnation of Bethany Lutheran Church Jesus the Lord and Savior. is held each Wednesday Admission is free.

* * *

Upcoming at **Bethany**

Advent Wednesdays at Bethany

Mid-week Advent services will be held at Bethany Lutheran Church (corner of Joralemon and New streets, Belleville) at 7 p.m. on Wednesday, Dec. 17. Take a "time-out" from the hustle and bustle of the holiday season and seek the true meaning of the holiday season as we prepare for the coming of the Lord. Everyone is welcome.

New members received

Bethany Lutheran Church will be receiving new members during the Sunday services throughout Advent until Dec. 21. Anyone wishing to join the congregation is asked to speak with Pastor Nancy Moore.

Bible Study at Bethany

Mid-week, evening Bible neighbors singing and cele- study under the direction of

Scientists have discovered that elevated manganese exposure

from welding rod fumes has been associated with **Parkinsonism** (like **Parkinson's disease**) and **manganism**. Symptons include

(nke Parkinson's cusease) and mangamism. Sympton's include shakiness, distorted facial expression, loss of equilibrium, decreased hand agility, difficulty walking, joint pain, loss of short term memory, slurred/slow speech, stiffness in muscles and tremors. Call us today toll free at 1-800-THE-EAGLE for a free consultation to evaluate your potential claim. We practice law only in Arizona, but associate with lawyers throughout the US to belo, people acress the country.

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evening beginning at 6 p.m. (enter via the side door on New Street.) Everyone in the community is welcome to attend these hour-long sessions about the Bible readings for the following Sunday.

Healing Prayers

Pastor Nancy Moore will administer healing oil at Bethany on the first Sunday of every month directly after the regular 9 a.m. and 10:15 a.m. worship services.

Bethany Lutheran Church is a "Reconciling in Christ" parish of Lutherans Concerned, welcoming and including gay and lesbian persons. It is the stated policy of this congregation to welcome and fully include persons of every race, age, gender, marital status, ability and sexual orientation. Sunday morning Bible Study and Sunday School each begin at 9 a.m. and worship services are held at 9 a.m. and 10:15 a.m. Call the church office at (973) 759-1555 for further information.

* * *

of Special programs at Christian Apostolic

Support for those separated

Every other Thursday at 7:30 p.m., the Christian Apostolic Church will be offering a Bible study program by Fresh Start Ministries, which will give spiritual support to those who are (See Religion on Page B10)







ELIGION

(Continued from Page B8) going through a separation or divorce. The Bible study will begin at 7:30 p.m. and end at 9 p.m. Coffee and is a prayer meeting at 9:30 cake will be served after- a.m. wards. The Bible study will meet twice a month and is the church is open for The free. Bring your Bibles, however, if you do not have one, we will provide one for you. Please call the church to register or for information at 2290 and leave a message. (973) 751-2290 and leave a The church is located at 77 message. Leading the meet- Wallace St. in Belleville. ing will be Tony Mazzola.

Spend Fridays at Christ- Pantry open at ian Apostolic

If you are looking for a time to meet new friends; then join the Christian Apostolic Church for the Fabulous Friday program. It meets every third Friday for games, food, movies and stories, all for free. Only for children ages five to 10 years old and the time for the meeting is 6 p.m. to 7:30 p.m.

Check out these programs

The Christian Apostolic Church located at 77 Wallace St. has the following programs available to the

charge:

Every Tuesday at 7:30 p.m. there is a Bible study. **Every Wednesday** there

Extreme Youth Group.

questions, please call Rev. Grace Alfieri at (973) 751-

Little Zion

Little Zion U.A.M.E. Church, 154 Stephens Street, has an emergency food pantry. The pantry services are available each third and fourth Saturdays 10 a.m. to 12 noon and Wednesdays 2:30 to 3 p.m. Proof of income is required. Call (973) 751-0371.

The latest from **Christ Episcopal**

Care closet receiving toys for Christmas

entire community free of reach program of Christ croft.

Every Friday evening, contact the church at (973) 751-0616.

> each month. Prior to distri- local listings for time/chanbution in December, toys nel). are collected for the children of the clients. Anyone project is also asked to contact the parish.

Church hosts town's lessons and carols

Christ Episcopal Church will host the fourth annual Township of Belleville Christmas Festival of Nine Lessons and carols on Sunday, Dec. 14 at 5 p.m. Readers from across Belleville will read the nine lessons, and a choir composed of Belleville residents, together with the Schola of Christ Church, will present the music. The program is free and open to every resident of the township. Cocoa and cookies will follow the Christmas festi-The Care Closet, an out- val in the church's under-

Film features life of a Belleville namesake

Entitled "The Day They tions, is a two-hour special

Clara Louise Maass, the pelling as how they lived. this quest, which resulted in Episcopal Church, is now nurse for whom Clara Stories include the deaths of the creation of a viable vacreceiving gifts of new and Maass Medical Center is America's founding fathers, cination against the disease. gently used toys for its dis- named in tribute to her con- including John Adams and Clara Maass was the only tribution day in December. tributions in helping to find Thomas Jefferson who died Persons wishing to make a vaccination for yellow on the same day in 1826 as contributions are asked to fever, will be one of a dozen the country was celebrating individuals featured in an is 50th anniversary, to Sigupcoming documentary to mund Freud, father of psy-The outreach program air on the History Channel choanalysis who took his merous ways following her For directions or any now helps about 130 clients on Thursday, Dec. 11 (check own life with the help of a sympathetic doctor and an overdose of morphine.

Thomas A. Biga, execu-Died," this documentary, cre- tive director of the medical wishing to help with the ated by Gregory Orr Produc- center, recounts the selfless acts of Clara Maass, who at that examines how famous the age of 25, gave her life people in history met their during yellow fever experi- Cuba, where she is still end. The program follows ments in Cuba. The segment today revered as a heroine, the premise that how some- further analyzes what drove as well as in the United one died is often as com- Maass to relentlessly pursue States.

American, and the only woman to participate in these experiments.

Her contributions to science were recognized in nudeath. The medical center was named after Maass in 1952, becoming the first hospital in the United States to bear the name of a nurse as part of its corporate identity. Postage stamps with her likeness were issued in both

Woman's Club memorializes members at Clara Maass

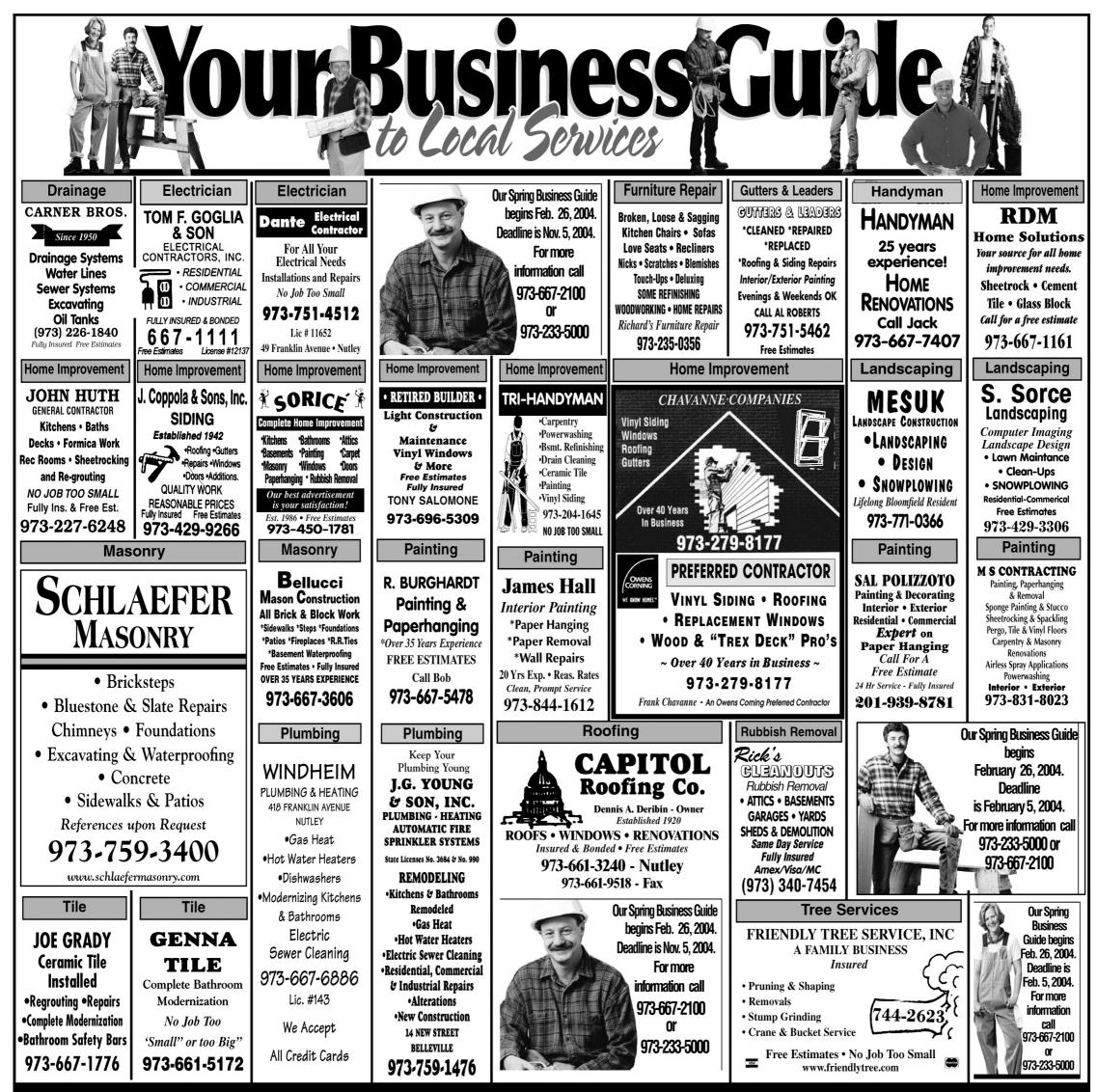
The Woman's Club of efit the Clara Maass Med- field and Loretta Fulda. To Belleville sponsored several ical Center.

lights at the annual Holiday Tree Lighting Ceremo- sored lights in memory of lights for Annabel Nardany at Clara Maass Medical Sherry Moccia, Gloria chone, Barbara Spillane, Center on Tuesday. The Daudelin and Carol Bittel. names of those acknowl- To honor their many years edged were in the program of service, the club honored that day; proceeds will ben- Maria Drake, Lillian Win-

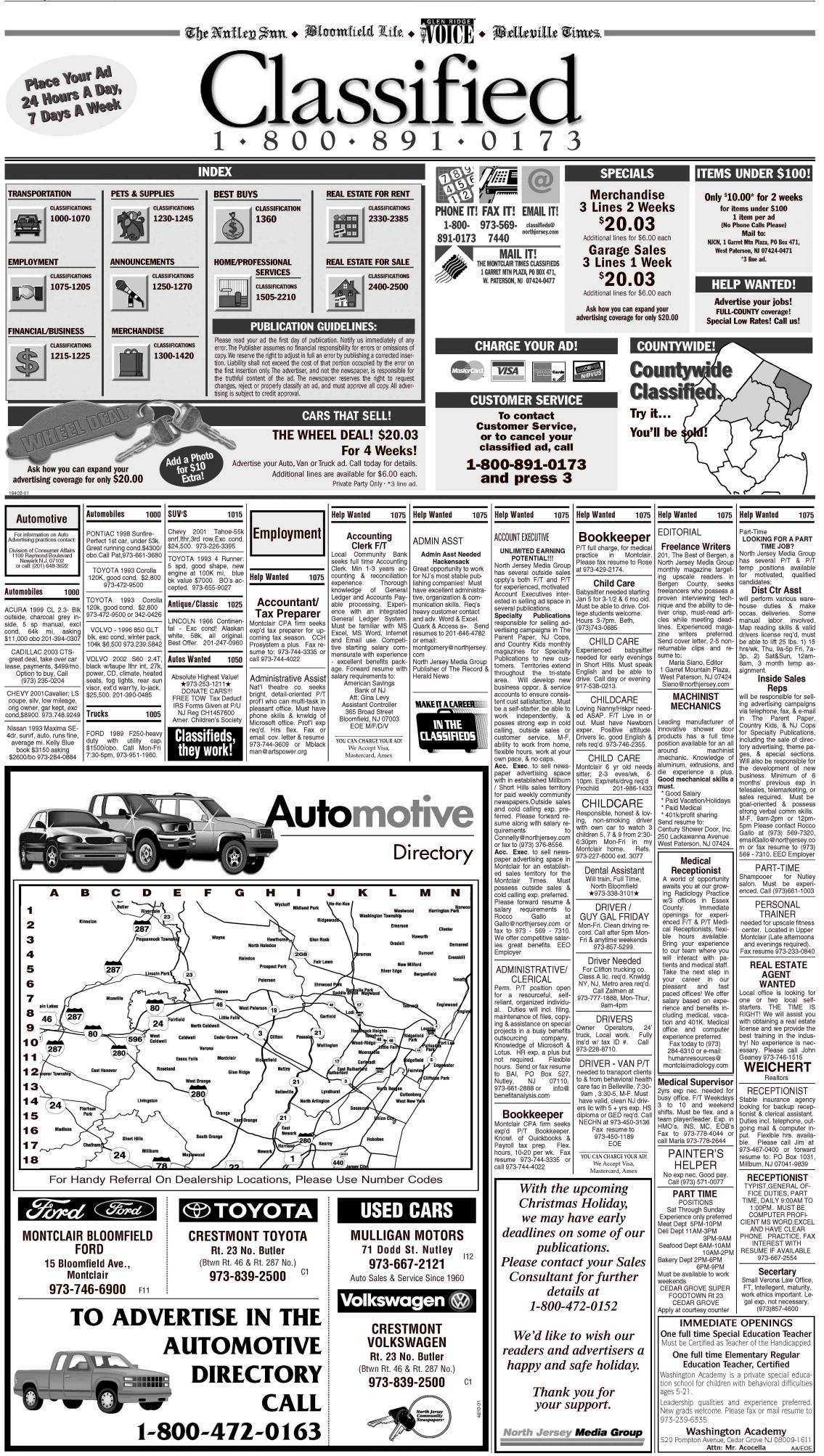
For advertising information, call (973) 667-2100

honor 25-year member-The Woman's Club spon- ships, the club sponsored Sandy Zampino, Carol Giuffrida-Swinburne and Marie Kimble.

> The club meets the second Monday of each month at 7:30 p.m., 51 Rossmore Place: for further information, contact Elaine Teemer at (973) 751-2089.



Our Business Guide runs in 13 week seasonal cycles. Our next cycle will begin on February 26, 2004. For more information or to reserve space please call 973-667-2100 or 973-233-5000



B12 — Belleville Times

Thursday, December 11, 2003

Help Wanted 1075	Help Wanted 1075	Situations Wanted 1205	General Merchandise 1350	Cleaning-Home & Office 1655	Masonry 1935		Apartments Unfurnished 2335	Deal Falala	Offices Sale/Rent 2480
Week Ad	Teacher& Substitute	POLISH CLEANING Honest & reliable ladies	DR SET- Elegant , great buy! Mixed wood, 6 ft	★MAID-A-DAY★ 35 Yrs Established Clean-	A-1 AFFORDABLE All masonry work: repairs		PASSAIC PARK FOXHALL APTS	Real Estate Business Marketplace	BLOOMFIELD - Office space approx. 2,500 sq ft,
Research Participants Wanted	Warm, loving, energetic P/T Asst. Teachers & Sub Teachers to work at Com-	clean house, apt, condo, ofc, laundry, ironing. Good refs. Ins'd. 973-571-0660.	breakfront w/ beveled glass, table opens to 120", table pads, 6 chairs +	ing - Reliable Personnel Insd/ Bnded 973-661-1111	& new 201-703-5644, 973- 746-6688/908-687-0088		77 Brook Ave, 1 & 2 Bd's include, H/HW,gas, W/W carpeting. No pets.	Marketplace	newly renovated on site parking, \$2,900/mth + utils Call owner 973-743-6700
for a Video Game Attention Study	munity School in Nutley. Exp. pref. Hours: 3:00-5:30 & 11:30-5:30. Call Mrs.	SKY CLEANING Services Homes & Offices.	server. Also 2nd DR set avail. Call 973-429-2473- for info. Must sell!	Companions 1670	Musical Instruction 1955	EQUAL HOUSING	From \$850 - \$1,400 Call 973-777-5222 or	Offices Sale/Rent 2480	Stores Sale/Rent 2485
East Orange VA Medical Center needs volunteers	Gambaro 973-661-0789.	Experienced, References. Call Sara 732-921-3733	Exercise Equipment Weider 8630 training sys.	Polish Referral Service Inc Providing live in house-	Clarinet/Sax/Flute	All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of	973-473-2800 Homes Unfurnished 2355	BLOOMFIELD - 1100 sq. ft. \$1200 monthly every-	BELLEVILLE - 310 Wash- ington Ave, right across
18 to 40 years old to partic- ipate in our non-invasive study. Participants are	Telemarketing Business to Business	Adult	\$175. Section Sofa \$150. 973-773-1470 after 6pm	keeper for Elderly care. Lic/Bonded 908-689-9140.	All levels - Beg. to Adv. Marty Fogel 973-746-6129 PIANO LESSONS	discrimination based on race, color,	Forest Hills 6 BR, 2.5 Bth,	thing included. 973-227-1877	from Walgreens, \$550/mo. Avail 1/1/04 (201)461-8397 (201)913-7901
compensated \$10 per hour for the 2hr study. Please call (973) 676-1000 X 1172	Only! Flex hrs Salary + bonus & incentive. \$15-\$17/hr. For	Telephone Services 1280	Refrigerator,Freezer,Wash er/Dryer, Stove, \$95, 201- 368-2261/ 908-486-1019	Computer Services 1680 PC Repairs/ Sales & Up-	At Your Home. Call Happy Notes Music 973-667-1640	religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or dis- crimination."	LR, DR, kit, gar, hw flrs, alarm, beaut home. \$2400/mo (404)441-1789		,
SALES	interview: 201-438-2700	FIND TRUE LOVE!!Record & Listen to Ads FREE!973-	★RUGS - 3 Persian, hand made, fine. Worth \$5900	grades. On site in 1 hr. A+ Certified. 973.951.9168	Montclair Music Studio	This newspaper will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are hereby	NUTLEY - 4BR Colonial, available 1/1, \$1,650 +		IST GOT
Sales? Sales? Sales anyone?	Ultrasound Tech	992-3434 /201-487-5665 Use Code 2077, 18+	each, asking \$990 each. Moving. (973)476-8285 SPA/HOT TUB- 7 ft. w/	Construction 1695	Quality Instruction for Children & Adults All Instruments, Level	informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of	Wonaco Rity 973-667-8000 Wanted to Rent 2365	EASIER!	
North Jersey Media Group has several openings both F/T & P/T for experienced,	Our continuing growth has created an opening	MEET NJ MEN! Meet by phone & try it FREE! 201- 487-6446,973-992-3156	lounge, 30+ jets, premium Redwood cabinet, waterfall & Ozonator. 2003 model,	➡Prosperi/Salinas Constr. Bthrm • Bsmt • Kit • Paint'g Etc. Fully Ins'd ★ Call for	& Styles Established 1978 104 Watchung Ave.	discrimination, call HUD Toll-free at 1-800- 669-9777. For the hearing impaired call 1-800-927-9275.	ATTENTION	Now you car	n charge your
motivated individuals: Classified Sales Rep will translate advertising copy	for a F/T experienced Ultrasound Tech. RDMS required and	Use Code 2082, 18+ Escorts 1290	full warranty, Cost \$7000. Sell \$3,595. 973-292-1118	Free Est. (973)667-2464 Clean Ups & Hauling 1700	Upper Montclair 783-4330 www.montclairmusic.com	Notice to prospective renters: Any rents advertised herein for qualified real rental property may be subject	LANDLORDS! Apts. Wanted. No Fee to Landlord.Costantine Realty		I. We accept:
into Spanish in Su Guia for the Classified department. Must be fluent in Spanish	RVT certification a plus! Our success has allowed us to provide	AAA Accommodating Something New Everyday	Merchandise Wanted 1355	#111 AAA	Painting/Paperhanging 1970	to any rebate or credit required by state law (N.J.S. 54:4-6.3 et seq.)	667-7070	HasterCard	VISA
with ability to speak, read and write. Req. include 6 mths previous exp in	our employees with an excellent salary pkg. including medical, va-	800-491-9111 Come in from the Cold	111AA Antique Co. Wants	Rick's Cleanouts Attics,basements, garages, yards,sheds & demo, snow	AAA CEILEX PAINTING Int/Ext. wallppr,old house	Apartments Unfurnished 2335	LANDLORDS! You can participate in our rental computer database at no expense. We handle all	EPRESS	DICON
telesales, telemarketing, sales, or cust ser. Must type 45 wpm & possess	cation and a generous Profit Sharing and 401K Fax your resume	Warm Up w/Ally & Friends In/Out Avail 973-247-9797	"CASH PAID!!" Furniture • glass • toys paintings • mason jars	removal. Same Day Srvc. Fully Ins'd.LET'S MAKE A DEAL. Amx/Visa/MC 201-	spclty,odd jobs. No job too small! 800-355-9211	BELLEVILLE-One & two BR garden apts includes	schweppe & Co.	Do It Vou	rself Ideas
strong comm. skills, includ- ing excellent spelling. Must be familiar with Word	today to (973) 284-6310 or e-mail:	LIMITED EDITION We Got What You Need Incall Only 201-871-0099	postcards • fountain pens Etc. 973-208-1261	342-9333/973-340-7454	ADS PAINTING-Int/Ext Pwrwash, Wallpaper, free est. 201-398-9352	W/W carpeting, H/HW, laundry room & parking. Call 973-751-4481	973-744-4701 ext. 170 or 171	<u>D0-11-100</u>	<u>I SCII IUCAS</u>
& Outlook. Hours: M-F, 8:30am-5pm, 4-5 month	humanresources@ montclairradiology.com	Mature Masseuse IN/OUT Seven Days 10AM -10 PM	ABBY BUYS Antiques, Used Furn., Jewelry & Paintings. 201- 391-4414	#11AA-E&M *** CLEANOUTS *** Houses, gars, bsmt, yards	DELEON- Painting /Constr Inter/Exter, Pwrwash, Bath	BELLEVILLE-One & two BR garden apts includes	Vac. Rentals Out-of-State 2375		
temp assignment Sales Associate will sell advertising space to new &	Employment Services 1090	973-686-1699 All cc's RELAX & RELEASE \$100 RATE	A Fishing Tackle collector wants to buy old rods, reel lure, catalog908-233-1654	DEMO of POOLS, SHEDS Free Est. (201) 310-7767 Low Rates (973) 271-5193	Rm, Home Improvement Ceramic Tile work,Kitchen Roof,Siding,Windows	W/W carpeting, H/HW, laundry room & parking. Call 973-751-4481	BOCA RATON-exclsv Highland Beach club, 2BR,		
exciting accounts within a Northern Passaic county territory. Responsible for	The ads that appear under this classification are	201-239-5900 SOMETHING SWEET	All Civil War & Old Military sword-antique guns-helmet	1-AA-AL'S Cleanup Cellars Gars, Etc. We remove all!	Lo prices free est. 973-783- 3574 Or 973-985-4675 FAMILY BUDGET Painting	BELLEVILLE:Studio & 1BR in quiet, old world	2BA, 4th flr, ovrlkg tennis cts, granite kit, Saturnia flrs, exquis furn, wkly maid		
outside sales, cold calling, process ads, & assist ac- count executives. Must	not offers of employment. In some cases they ask for money. We ask that our	Young & Exotic In/Out Avl 201-883-1333	bayonet etc 973-777-2125 ANTIQUES! TOP \$\$ PAID!	We're cheapest! V/MC 201 342-6020 • 973-777-8588	Int/ext-paper-home improv Free est. 973-470-8284	maint., security bldg, laun- dry. Holiday Special .	svc incl, \$5400/mo, 561- 750-5518 or 561-445-0032		
possess excellent commu- nication and organizational skills, and 2 yrs of custom-	readers use good judg- ment when responding to these ad.	Stressed Out??? GET SOME SLEEP Brittney 800-491-9111	Furn, silver, toys, trains. 1 or estate. 973-546-3533	1A-MITO'S Compl House CleanoutseGareBsmteYard eAppl's. Free Est. Fully Ins.	★PAINTING/WALLPAPER all work guar. fully ins, 20yr exp. Greg, 973-743-4354		Rooms 2390		7
er service experience is preferred. M-F, 8:30a-5p Add'I sales opportunities		Merchandise	Merchandise Events	201-803-0787 (973) 340-3378 / 445-0835 "I'LL MOVE OR REMOVE	Plastering 1980	carpet & Ht/HW. Laundry	MONTCLAIR-fur BR w/acc ess to all utils, Avail 12/15 973-746-0268 after 4pm.		
listed under "Account Executive" Please forward resume,	Situations Wanted 1205	Musical Instruments 1335		ANYTHING!!!!" Call Bobby, 973-744-7128	PLASTERING,Sheetrock'g Carpentry of all types. 40	Call 973-743-4449	Real Estate		ry Box ry box project is ideal for
desired position, & salary requirements to Rocco Gallo at	CHILD	Alto/Tenor Sax. Drum Set, Ditgital Piano & Guitar	Antiques Estate Auction	TONY'S Will clean out basements,	Yrs in Bus. 973-226-5867 Plumbing/Heating 1985	★ 4 rms, 2 Br, Indry, grnd flr \$800 + utils, Avail	For Sale	any jewelry collection. N	lade of maple for it's beau- voods may be substituted),
Gallo@northjersey.com or fax to 973 - 569 - 7310. We offer competitive salar-	CARE Exp'd Mom will care for your child in my Belleville	best prices 973-667-8182	Sat Nite, Dec 13th, 7pm VIEW 10am. 619 Maple Ave. HOHOKUS (near	attics, yards, houses. No Job Too Small Call Tony	On time plumbing/heating No Job Too Small ★ Fully	★ 2nd flr, 6 rms, 3 Brs, Avl immed \$1250 + utils. Very	Homes for Sale 2400	lift-out tray.	r security and a convenient
ies and great benefits. EEO Employer	home. PT or FT. Good ref- erences. Very reasonable. 973-751-4661	General Merchandise 1350 Brand new patio set w/6	Paramus, Rte 17) in our 28K sq ft store. Every type qual Bric-Brac & antique	201-438-5232	Ins #6921. 201-816-1030 all calls ret'd in 10 Mins!	★ Ground flr 2 Br, avl immed \$800 + utils. No	SALES	niques, the box is a good	ts and simple joinery tech- project for beginners. Just emble, finish and install the
Teachers & Aides Come play with us. Indi-	Cleaning Services, Portuguese woman, own	swivel rckrs, outside bar + serving car. Paid over \$5k, sale \$3,500 (201)847-0201	furn & art under the sun, www.grannysatticnj.com 201-632-0102.	ON TIME ELECTRIC	Roofing 2030	pets. ★ 1 Br grdn apt w/refrig. Coin-Op W/D. AvI immed	0	simply finished like the o	
viduals needed to fill P/T positions. (973)523-7704	transportation. References Avail. 10 Years Exp. Call Tina, 201-997-1066	Dining Room set, 1920, 10 pc complete set, mint	Open 10am-9pm till Xmas. Estate Sales 1380	No Job Too small/Fully Ins Lic #13042. 201-368-7776 or 1-800-711-2193	11 A-1 Roofing & Siding The BEST at affordable Prices 201-703-5644	\$700 incl HHW. Realtor 973-743-2306 ★★RP MARZULLI CO★★	Ag-	wide by 10 inches deep b	
	ouii 1 iila, 201 007 1000	cond \$1200. 973-837-0549	MONTCLAIR	ALL Calls Ret'd in 10min	973-746-6688 \$195 ROOF LEAKS -	Montclair Center Sunny 1rm Studio, Kit incl		Jewelry Box plan (No. 9 Jewelry & Lingerie Fur Three projects incl. 9	niture Pack (No. C144)
	0.01	1000	New Shipment of Sofas & Loveseats. Over 100 pcs. Special Sale Fri. &	Firewood 1805 ★ Firewood Seasoned ★	Skylight Repairs. Appts. always kept. 973-429-1208	dw,micro,bsmt Indy,No pets. Mun prkg \$750+util 973-744-1359		Catalog (pictures hundre To order, circle item(s),	
Тилт		KAIGE	Sat.,10am-6pm, & Sun. 11am-4pm, 133 Glenridge Ave. Corners Liquidations,	Same day deliv. 201-461- 9487 or 973-696 3873	Tank Services 2125 Tank abandonment remov-	MONTCLAIR - Charming 2BR 2nd flr of 2 fam, Eik w/ W/D, hdwd flrs, conv loc	2 - M-L		address and the <u>name of</u> <u>this newspaper</u> . Prices
THAT-		OVUS	& parking lot.973-783-2262 Garage Sales 1385	Furniture Repair & 1815 Refinishing 1815	al, install/testing. Lic. & ins Best prices 800-583-TANK	2 car prkg, Avl immed. No fee \$1450. (973)746-4607	LOOKING FOR A BETTER JOB?	P.O. Box 2383 Van Nuys, CA 91409	include postage. Allow 3-4 weeks for delivery.
Тіме		Elline	NUTLEY MOVING SALE	l will repair your furniture in your home 973.454.2987 or Fax 973-374-3309	Tutoring 2145	NUTLEY-1br, \$875; 2br, \$900 BELLEVILLE-2br's, \$975;	WE'VE GOT YOUR NUMBER 39 SALES	WWW.U	82-U-BILD -bild.com k Guarantee
		-	Saturday, 12/13, 11-3pm. 6 TERRACE AVE.	Gutters & Leaders 1840	★FAVORITE TUTOR★ Exp'd elem teacher w/ BA//MA. Both math & read-	Studio, \$730; 5½ + sun room, \$1,000	Inside Sales & Telemarketing	Money Ba	k Guarantee 🛛 🏶
Is Her	FX	5	Home Services	A-1 AFFORDABLE: Clean, repair, screening 201-703-5644 973-	ing, grades K-4. Can help w/ homework/projects. Will collaborate w/ parents.	\$926 Monaco Rity 973-667-8000	Outside/Direct Sales	Do-It-You	rself Ideas
		1-	Carpentry 1605	746-6688/908-687-0088 NICK KOSH GUTTERS	→Call (201)936-6399← STRUGGLING	NUTLEY- 1BR, newly deco. A/C, EIK, Indry facil, on site prkng. \$825/mo	Automotive Sales Sales Engineer		
5		5	CHRIS MORRIS Carpentry Custom Wood Work And	\$55 Cleaned/Installed 973-618-9933, 7 days/wk	w/Math/SAT? Get The Grade You Need! Princeton Grad, Rutgers	H/HW incl 973-376-3248 NUTLEY	Marketing Marketing Manager		
	-800-891		Repairs. (973)748-0662 ★DECK KING★ Carpenter Contractor:	NED STEVENS GUTTER CLEANING & INSTALLATIONS	Univ Math Prof. Patient & Encouraging. All levels & ages. Refs avl. Cheaper	★ 1st flr garden apt, 1 Bedrm new kit & bth, HR flrs, freshly painted. 1 off	INTERVIEW BY PHONE OR PLACE AN ON-LINE INTERVIEW		
for information on our low prices to run your			All Types of Carpentry, Framing Specialist	800-542-0267	than the big agencies & better! Josh 973-746-4452	St pkg, coin op WD immed. \$820 incl HW.	PRESS/SELECT "39"		



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